

# SCLERODERMA PEER MENTOR PROGRAM



Scleroderma Peer Mentors are Michigan Medicine patient volunteers who receive extensive UM peer training and offer other patients support in clinical and other settings



You can connect with a mentor by phone, email or in-person



You can have just one conversation or many! Conversations are kept in strict confidence

## PEER MENTORING PROGRAM

Provides support rooted in the belief that no one needs to travel their health care journey alone

## BENEFITS OF HAVING A MENTOR

- Your mentor also has Scleroderma!
- Mentors share their own experiences and listen to patients and caregivers
- Mentors provide information, guidance and emotional support
- Mentors help patients confront challenging issues and emotions

## QUOTES FROM SCLERODERMA DOCTORS!



*"Our Peer Mentors provide hope and perspective to people with scleroderma!" - Dr. Dinesh Khanna*



*"Our Peer Mentors remind us just how resilient our UM scleroderma community is." - Dr. David Roofeh*

*"Peer Mentors nurture people with scleroderma to be their own advocates." - Dr. Vivek Nagaraja*

## CONNECT WITH A PEER MENTOR

Fill out this survey if you'd like to be connected with a peer mentor!

Just open the camera on your phone, scan the code and you will be directed to the link!

