

Groups for patients/families

Topic	Name	Registration?	Day/Time	Location	Other
Amputation/ Limb Loss	UM Community Amputee Network (U-CAN) (for amputees and family members)		First Tuesday of each month, 5:30–7:30 pm	Orthotics & Prosthetics Ctr 2850 S. Industrial Hwy., Ste 400 Ann Arbor, MI 48104	For more information, call, 734-975-7432
Arrhythmia	ICD Connection (Adult Group) ICD - implantable cardioverter defibrillator	Register	Meet 4 times/year (March, June, September & December,).	<u>September</u> University Hospital Level 2, Dining Room D [inside Cafeteria] <u>December</u> - Towsley Center	Annual newsletter for patients. To register for events, contact Michelle at 734-232-4177
Arrhythmia	Young ICD Connection (children & teen ICD recipients & their families)	Register	October (annual conference - all day event).	Ann Arbor	Contact: Helen McFarland at 734-936-9218.
Diabetes	Type 1 or Type 2 Support Groups. (for all patients and family members)	Walk-In	<u>Type 1</u> – Third Tuesday of each month 6:15-7:30pm <u>Type 2</u> – Second Saturday of each month 9:30-11:00am	Type 1 - Dominos Farms Lobby C Type 2 - Turner Senior Resource Center	Please call for more information: (734) 998-2475
Heart Transplant/ Ventricular Assist Device	Pre-Post Heart Transplant & LVAD Patients and Families (for transplant and VAD patients, and their families)	Walk-In	<u>Monthly on Mondays, 10 AM - Noon</u> January 8 May 7 September 10 February 5 June 4 October 1 March 5 July 9 November 5 April 2 August 6 December 3	University Hospital, Second Floor, 2C 108 (2C University Hospital across from the Gift Shop)	Contact: Ruth Halben, LMSW (734) 763-9788 Rebecca Congdon, LMSW (734) 764-6205 Jessica Singer, LMSW (734) 615-7625
Obesity, Diabetes, High Blood Pressure	Metabolic Fitness Program	Register	24-week program with a 12-week option Tuesdays: 5:30 – 7:00 PM or 7:00 – 8:30 PM New patients start 2 nd Tuesday of month	Call for more information	Please contact your primary care physician for referral to program. Information: Rhonda Barnes at 734-998-5679
Cardiovascular Health	Cardiovascular Support Group (for patients and families affected by cardiac illness)	Register	First Monday of the month 2/5, 3/5, 5/7, 6/4, 7/2, 10/1, 11/5 6:00 PM – 7:30 PM	Danto Auditorium 2 nd floor Cardiovascular Center	Contact: Leah a brockl@umich.edu or 734-232-1559

Beginning/Deepening Meditation or Metabolic Fitness Program: Contact Ronda Barnes at 734- 998-5679

Nutritious is Delicious- Healthy eating Demonstrations: Contact Sue at 734-232-4465 for more information.

Control # 488 Last reviewed: Feb. 2017