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Gentamicin Bladder Instillations: Instructions for Clean Intermittent Catherization (CIC)

1. Using a 60 cc catheter tip syringe, draw up _____ ml of Gentamicin Solution (480 mg Gentamicin in 1 Liter 0.9 Normal Saline) into syringe and gently push all the air out. Set aside until ready to connect to catheter and insert into bladder.
2. Prep site (urethra or stoma) with antiseptic wipe, betadine swab or other type cleansing wipe.
3. Put lubricant onto end of catheter and gently insert into bladder. Let all urine drain from bladder.
4. Once bladder is empty, attach syringe (with Gentamicin in it already) to end of the catheter and slowly push solution into bladder.
5. Once syringe is empty, remove the catheter and syringe together (still attached to one another so fluid does not drain right out of bladder).
6. Rinse the syringe out with warm soapy water and allow to dry. Do not put syringe into boiling water or the microwave to disinfect syringe as it may melt or come apart.
7. The Gentamicin solution can be stored in room air. It does not have to be refrigerated.

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