

Removal of G/GJ Tube Discharge Instructions

What are my Care Instructions?

You received local anesthesia during your Radiology Procedure. As the local anesthesia wears off, you may feel some pain and discomfort from your procedure. The area where your procedure was performed may be sore or bruised. If you have pain, don't be afraid to say so. Pain medicine works better if you take it before the pain gets bad.

Follow-up care is the key part of your treatment and safety. Be sure to make and go to all appointments and call your doctor if you are having problems.

How will I care for myself at home?

Activity

- You may shower immediately after your procedure.
- Do not swim or take a tub bath for 7-10 days after your procedure or until your procedure site is healed completely (edges have grown together.)

Diet

- Do not eat or drink for 2 hours immediately following removal of your G/GJ tube.
- Avoid heavy meals for the next 48 hours. Eat more frequent lighter meals for 48 hours following removal of your G/GJ tube.

Medications

- You can take your normal prescription medicines as your doctor has instructed you to do.

- If you are not taking a prescription pain medicine, ask your doctor if you can take an over-the-counter medicine for your pain.

Wound Care

- Wash G/GJ tube site daily with soap and water, pat dry and apply clean dry dressing.
- Change dressing daily and as needed to keep site clean and dry, until site heals.

When should I call for help?

- Call 911 anytime if you have any of the following signs and symptoms:
 - Shortness of breath
 - Chest pains
 - Loss of consciousness - (if you passed out or fainted)

Call 911 anytime you think you need emergency care.

- Call Vascular and Interventional Radiology at 734-936-4500, option 1, 5, between 8 a.m. and 5 p.m. Monday through Friday, if you have any of the following signs and symptoms:
 - Increased pain at wound site
 - Fever (greater than 100.6°F)
 - Foul smelling drainage or abnormal bleeding from wound site

After hours you can call 734-936-6267 and ask to speak with the Interventional Radiology Resident On-Call.

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