

Instructions for discontinuing medications before surgery

This document lists some common medications and supplements that may need to be discontinued prior to your procedure. Following these instructions may reduce side-effects and complications. It is safe to take Tylenol, unless your doctor tells you otherwise.

Stop taking recreational drugs as soon as possible before planned surgery (for example: cocaine, heroin, marijuana).

Fourteen (14) days before planned surgery:

❖ **Stop taking Monoamine Oxidase Inhibitors (MAOIs):**

Isocarboxazid (Marplan®)	Selegiline (Emsam®)
Phenelzine (Nardil®)	Tranlycypamine (Parnate®)

❖ **You may need to stop taking Tamoxifen (Tamofen®) two weeks (14 days) before planned surgery.** Ask the doctor who gave you this prescription if and when you should stop taking it.

Seven (7) days before planned surgery: stop taking Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) and certain herbal and weight loss products. (Note: the medications listed are selective and do not include all medications that affect bleeding.)

You may need to stop taking aspirin one week (7 days) before planned surgery (Please read below**):**

Aspirin (and medications that contain aspirin): Many non-prescription (over-the-counter or OTC) medications contain aspirin. If you are unsure whether a medication you take has aspirin, please ask your pharmacist or your surgeon's office. **You must ask your surgical team if they want you to continue taking, or stop taking aspirin before your procedure.**

❖ **Medications containing aspirin:**

Alka-Seltzer®	Anacin®	Aspirin	Fiorinal®
Ascriptin®	Bayer®	Bufferin®	Lortab ASA®
Darvon®	Ecotrin®	Excedrin®	Percodan®
Midol®	Pepto-Bismol®	Talwin®	

Seven (7) days before planned surgery stop:

❖ **Non-Steroidal Anti-Inflammatory Drugs (NSAIDs):**

Advil® (ibuprofen)	Aleve® (naproxen)	Anaprox® (naproxen)
Arthrotec® (diclofenac)	Cataflam® (diclofenac)	Clinoril® (sulindac)
Daypro® (oxaprozin)	Disalcidv® (salsalate)	Feldene® (piroxicam)
Haltran® (ibuprofen)	Lodine® (etodolac)	Medipren® (ibuprofen)
Midol® (ibuprofen)	Motrin® (ibuprofen)	Nalfon® (fenoprofen)
Naprelan® (naproxen)	Naprosyn® (naproxen)	Nuprin® (ibuprofen)
Orudis® (ketoprofen)	Relafen® (nabumetone)	Tolectin® (tolmetin)
Trilisate® (salicylate)	Voltaren® (diclofenac)	

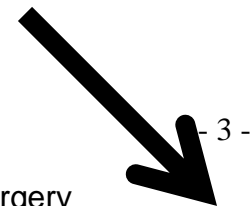
❖ **Weight-loss products and nutritional or herbal supplements:**

Alpha-lipoic acid	Acetyl- l-carnitine	Cinnamon	Camomile	Creatine
Echinacea	Ephedra	Fish Oil	Garlic	Ginger
Gingko biloba	Ginseng	Glucosamine-Chondroitin	glutamine	Goldenseal
L-carnosine	Licorice	Kava kava	Milk thistle	Multivitamins
Omega-3	Resveratrol	Skullcap	St. John's wort	Vitamin E

❖ **You will need your doctor's permission before stopping any of the following medications:**

- **Aspirin (and medications that contain aspirin):** Many non-prescription (over-the-counter or OTC) medications contain aspirin. If you are unsure whether a medication you take has aspirin, please ask your pharmacist or your surgeon's office. Make sure you ask your surgical team if they want you to continue taking, or stop taking aspirin before your surgery.
- **Aspirin-Dipyridamole (Aggrenox®):** Make sure you ask your surgical team if they want you to continue taking, or stop taking Aggrenox before surgery and when.
- **Cilostazol (Pletal®):** In most cases people are asked to stop taking Pletal® seven (7) days before surgery.
- **Clopidogrel (Plavix®) -** In most cases people are asked to stop taking Plavix® seven (7) days before surgery.
- **Dabigatran (Pradaxa®)** Make sure you ask your surgical team if they want you to continue taking, or stop taking Dabigatran before surgery and when.
- **Isotretinoin (Accutane®):** In most cases people are asked to stop taking Accutane® (7) days before surgery.
- **Prasugrel (Effient®):** In most cases people are asked to stop taking Effient® (7) days before surgery
- **Suboxone:** In most cases people are asked to stop taking Suboxone® (7) days before surgery
- **Warfarin (Coumadin®):** In most cases people are asked to stop taking Coumadin® five (5) days before surgery. The pre-op team will let you know if you need to switch to enoxaparin (Lovenox®) injections when stopping warfarin.

Turn the page to continue reading about medications you can take until the day before surgery and on the day of surgery.



Medications you can take until the day before surgery but NOT on the day of surgery:

❖ **ACE inhibitors**

Benazepril (Lotensin®)	Enalapril (Vasotec®, Renitec®)
Fosinopril (Monopril®)	Lisinopril (Lisodur®, Lopril®, Novatec®, Prinivil®, Zestril®)
Perindopril (Coversyl®)	Quinapril (Accupril®)
Ramipril (Altace®, Tritace®, Ramace®, Ramiwin®)	Trandolopril (Mavik®)

❖ **Angiotensin Receptor Blockers**

Candesartan (Atacand®)	Eprosartan (Tevetan®)
Irbesartan (Avapro®)	Losartan (Cozaar®)
Olmесartan (Benicar®)	Telmisartan (Micardis®)
Valsartan (Diovan®)	

Medications you can take until the day before surgery but NOT on the day of surgery:

❖ **Diuretics (“water pills”)**

Acetazolamide (Diamox®)	Bumetanide (Bumex®, Burinex®)
Chlorthalidone (Thalitone®)	Furosemide, (Lasix®)
Hydrochlorothiazide (HCTZ®, Microzide®, Hydrodiuril®)	Torseamide (Demadex®)
Triamterene & Hydrochlorothiazide (Dyazide®)	

Insulin: Your surgical team will tell you of any changes to the dose(s) for the night before and/or the day of surgery.

You MAY take the following combination medications up to and including the day of surgery:

- Atenolol/Chlorthalidone (Tenoretic®)
- Bisoprolol/ Hydrochlorothiazide (Ziac®)
- Clonidine/Chlorthalidone (Clorpres®)
- Hydralazine/ Hydrochlorothiazide (Apresazide®)
- Methyldopa/HCTZ (Aldoril®)
- Metoprolol succinate/ Hydrochlorothiazide (Dutoprol®)
- Metoprolol Tartrate/ Hydrochlorothiazide (Lopressor HTC®)
- Nadolol/Bendroflumethiazide (Corzide®)
- Prazosin/Polythiazide (Minizide®)

Disclaimer: This document is for informational purposes only and is not intended to take the place of the care and attention of your personal physician or other professional medical services. Talk with your doctor if you have Questions about individual health concerns or specific treatment options.

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