

Preparing for Your Voiding Cystourethrogram (VCUG)



Radiology Check-In

When you come for your procedure you will check in on the 3rd floor at this desk.



Radiology Waiting Area

You can play here while you wait for your name to be called.

There is no food or drink allowed in this area.



C.S. MOTT CHILDREN'S HOSPITAL
MICHIGAN MEDICINE

Who can come with me?



A tech will come get you from the waiting room. One parent or caregiver can come with you to the procedure room. Your brothers, sisters and other family have to wait in the waiting room.



Exam Room



When your name is called, you will be taken to a fluoroscopy room, which means video x-ray.

Hospital Clothes



For your pictures, you will have to change into hospital clothes. These clothes won't get in the way of the pictures.



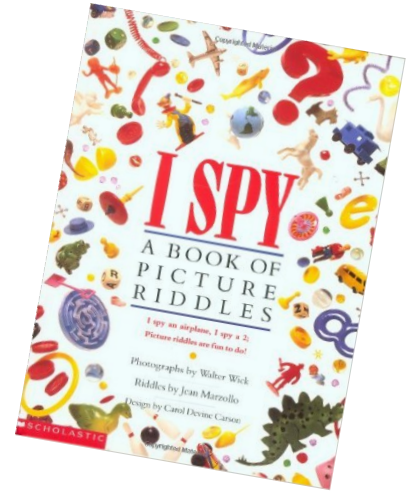
What should I bring?



Do you have a favorite stuffed animal, blanket, music player, or another comfort item? You can bring it with you to the exam room.



Child Life Specialist



Some kids choose to have distraction during their procedures.

Child Life can be requested while scheduling your appointment. A Child Life Specialist can provide comfort, coping, and education about the procedure in child friendly language.



X-Ray



The x-ray camera takes pictures of your belly. Some kids will have a picture taken first.



Positioning

Girls- Your next job is to get into the butterfly position with your legs.



Boys- Your job is to lay flat on the table with your legs straight.



Catheter



The next part is a small tube that goes in the spot where your pee comes out. The tube is called a catheter.

You will feel the tech touch your private area then clean with soap three times. Next the tube will go in. Most kids say it feels like a push or pressure.

When the tube is in the right spot, you might feel like you have to go pee. Tape will hold the tube in the right spot for the test.



Pictures



The Radiology doctor will come in and take pictures. The camera is like a tent. It will get close to you but it won't touch you. Can you find your favorite sticker under the camera?

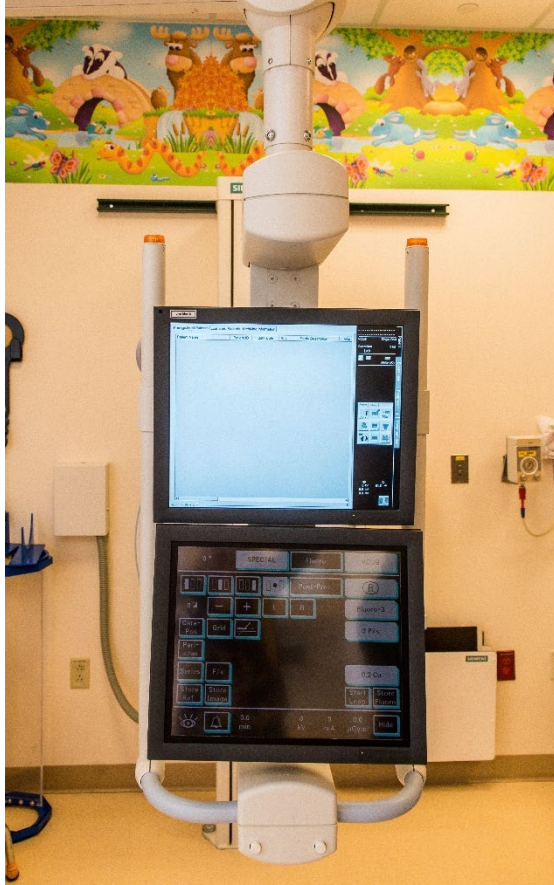


Special X-Ray Water



Special x-ray water called contrast will flow through the tube into your body. You may feel air blowing or you might not feel anything.

Side Pictures



This is the TV where the doctor will look at your pictures.

The doctor will ask you to roll on to your side for a picture. The tech can help your legs to roll if you need help.



Special Potty Table



The table you've been laying on is a special potty table. When you have to pee, you will pee on the special potty table. Boys can pee into a cup and girls pee onto a towel between their legs. It might seem silly but you won't get in trouble for peeing on this table.



Catheter Removal



The Radiology doctor may take a few more pictures after you are done peeing. Once the test is done, the tech will take the tape off and the tube out.



All Done



After the test is done, there is a bathroom where you can clean up and get dressed.

Questions?



Remember this is your body, and if you have any questions you can always ask your family or the hospital workers. We are all here to help!



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