

Hyoscyamine, sold under the trade names Levsin<sup>®</sup> and Levbid<sup>®</sup>, is a drug used to treat muscle cramps in the bowel or bladder, symptoms of Irritable Bowel Syndrome (IBS) and other digestive problems.

### **Do not take Levsin<sup>®</sup> or Levbid<sup>®</sup> if:**

- you are allergic to hyoscyamine
- you have glaucoma
- you have severe heart problems
- you have myasthenia gravis.
- you have certain digestive problems such as blockage of the bowels or colitis that has caused ulcers.

### **How much do I take?**

- Your doctor will tell you how much of this medicine to use and how often. The typical dose for Levsin<sup>®</sup> is 0.125 mg. The typical dose for Levbid<sup>®</sup> is 1 to 2 tabs.
- Levsin comes in dissolving tablets and Levbid comes in extended-release capsules.
- Ask your doctor before using any other medication, including over-the-counter medicines, vitamins and herbal products, while taking hyoscyamine.
- Antacids such as Maalox or Tums can affect hyoscyamine, making it less effective. If you use an antacid take hyoscyamine 1 hour before or 2 hours after taking an antacid.

## **Dosing Instructions**

### **Disintegrating Tablet (Levsin):**

The dose is 0.125 mg three times a day or before meals. If you are using the tablet, make sure your hands are dry before you handle the tablet. Place the tablet on your tongue or under your tongue. The tablet should melt quickly. After the tablet has melted, swallow or take a sip of water. You may also chew the tablet or swallow it whole.

### **Extended Release Capsules (Levbid):**

The dose is 0.375mg twice a day. Swallow the extended-release capsule whole. Do not crush, break, or chew it. If you miss a dose or forget to use your medicine, use it as soon as you can. If it is almost time for your next dose, wait until then to use the medicine and skip the missed dose. Do not use extra medicine to make up for a missed dose.

### **Side Effects:**

Some side effects that usually **do not** require immediate medical attention are:

- Blurred vision
- Constipation
- Drowsiness or dizziness
- Dry mouth or eyes
- Feeling bloated
- Feeling unusually weak
- Loss of taste
- Men: trouble having or keeping an erection
- Breast feeding women: decrease in milk production
- Skin redness
- Itching
- Rash

## When should I call for help?

Some side effects may occur which **should be reported to your health care provider immediately**:

- Allergic reaction: itching or hives, swelling in your face or hands, swelling or tingling in your mouth or throat, chest tightness, trouble breathing
- Decrease in how much or how often you urinate
- Fast, pounding, or uneven heartbeat
- Headache
- Nausea
- Vomiting
- Blurred vision
- Dry mouth
- Trouble swallowing
- Hot, dry skin
- New or worse diarrhea
- Unusual behavior, such as confusion, memory loss, clumsiness, odd movements, restlessness, trouble speaking, trouble sleeping or sleeping too much
- Unusual or unexpected feelings, such as feeling happier or more nervous than expected.

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