

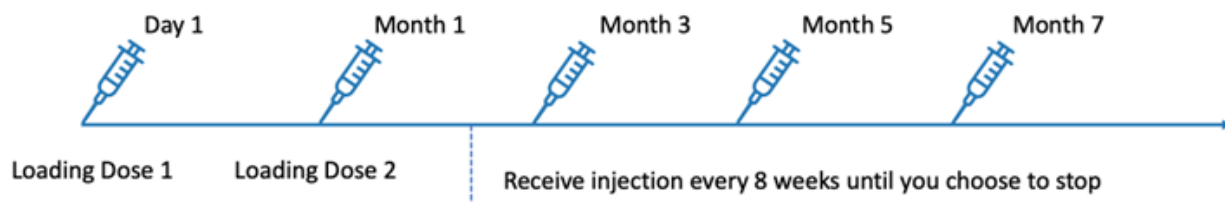
Apretude Injectable PrEP: Patient Agreement

What is Apretude?

- **Apretude** (also called cabotegravir) is an injection, or shot, that helps protect against **HIV (Human Immunodeficiency Virus)**. This medication is used for **HIV PrEP (Pre-Exposure Prophylaxis)** that can protect people who currently do not have HIV but who may be at risk of getting HIV through sex or injecting drugs.
- Apretude has been FDA-approved for use by adults and adolescents (teens) who weigh over 77 pounds (lbs) and who are at risk for HIV, including cisgender men, cisgender women, transgender men, transgender women, and non-binary and gender diverse individuals.

How do I take Apretude?

Apretude is a shot injected by your healthcare provider into your butt muscle. When starting Apretude, you will get 2 shots 4 weeks apart (these are called loading doses 1 and 2), and then you will start a regular injection schedule of getting a shot every 8 weeks.



What do I need to know about Apretude's safety and side effects?

- **Injection site pain:** Many people have pain or discomfort at the shot site (such as pain, swelling, or bruising). These symptoms usually go away in about 4 days, and they get better over time as you get more shots.

- **General side effects:** Some people may have nausea, vomiting, diarrhea, tiredness, stomach pain, dizziness, sleep problems, fever, muscle pain, rash, or loss of appetite (not feeling hungry). Headaches are common in both Apretude and oral (pill) PrEP users.
- **Depression:** Some people may experience depression or suicidal thoughts (feeling like they want to hurt themselves). Talk with your doctor if you have any signs of depression before starting Apretude.
- **Protection from other STIs:** Apretude does not protect against other sexually transmitted infections (STIs) like syphilis, chlamydia, or gonorrhea. Condoms are the best way to protect yourself from these STIs. If you're having sex without condoms while on Apretude, get tested for STIs every 2 months.

How is Apretude different from other oral PrEP medications?

- Apretude is long-acting. This means that once it's in your body, it can't be quickly removed. Low levels of the medication can stay in your body for up to a year.
- If you stop taking Apretude or if you miss doses, the low levels of medication in your body might not protect you from HIV. This may put you at risk for getting a type of HIV that is resistant to Apretude and other HIV medications.
- If you decide to stop taking Apretude, you will need to work with your doctor to do it safely. This will include taking daily oral PrEP medications for up to 12 months and using condoms during sex to protect against HIV.

Patient agreement:

Check off each box below as you read through them.

By signing below, it means that you have read and agree with the following:

- I understand the injection schedule for Apretude for HIV PrEP.

Department of Internal Medicine
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- I understand that I will be tested for HIV before I come to the injection clinic for my Apretude injection.
- I understand that if I miss a dose of Apretude or if I am late for a dose, I will need to take oral PrEP medication.
- I understand that missing doses of Apretude will increase my risk of HIV infection. I will contact my clinic as soon as possible if I am going to miss a scheduled injection.
- I understand that Apretude is a long-acting medication, and once it is injected into my body it will stay in my body at low levels for up to a year.
- I understand that once I stop taking Apretude, at some point the amount of Apretude in my body will no longer protect me from HIV. If I am exposed to HIV with these low levels of Apretude in my body, I could get a type of HIV that is resistant to Apretude and other similar medications, which could mean that I have fewer HIV treatment options.
- If I plan to stop taking Apretude, I will talk with my doctor so we can make a plan to do so safely. This will involve taking oral PrEP medication and getting regular HIV tests for at least 1 year after stopping Apretude.

Signature

Date

Printed Name

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