

Discharge Instructions for Suspected Measles Cases

Your illness may be caused by **measles**, a highly contagious (spreadable) disease that can be prevented by getting a vaccine. Please follow the instructions below to avoid giving this disease to other people in your home and community.

- Wear a surgical mask until you arrive at home. You may take off the mask inside your home.
- **Stay home** until your local health department contacts you with more instructions. If you don't hear from your local health department within 24 hours, call them using the contact information provided below.
- Considering quarantining (staying in a space away from other people) within your home. This can prevent the spread of your sickness to other household members who are not protected from measles.
- Do not go near pregnant people, people with weakened immune systems, or children under 1 years old.
- Make sure that all the people you live with are fully immunized (protected) from measles by getting vaccinated.
 - Check immunization records or talk with your doctor.
 - To be fully immunized, a person must get 2 doses of MMR vaccine given 28 days apart.

County	Health department name	Office location (city)	Phone number
Alcona	District 2	Harrisville	(989) 724-6757
Alger	LMAS DHD	Munising	(906) 387-2297
Allegan	Allegan County	Allegan	(269) 673-5411
Alpena	District 4	Alpena	(989) 356-4507

County	Health department name	Office location (city)	Phone number
Antrim	Health Dept of NW MI	Bellaire	(800) 432-4121
Arenac	Central MI DHD	Standish	(989) 846-6541
Baraga	Western UP Dist	L'Anse	(906) 482-7382
Barry	Barry-Eaton DHD	Hastings	(517) 541-2641
Bay	Bay County	Bay City	(989) 895-4003
Benzie	Benzie-Leelanau DHD	Benzonia	(231) 882-4409
Berrien	Berrien County	Benton Harbor	(269) 926-7121
Branch	Branch/Hills/St. Joseph	Coldwater	(517) 279-9561 ext. 105
Calhoun	Calhoun County	Battle Creek	(269) 969-6370
Cass	Van Buren-Cass DHD	Dowagiac	(269) 782-0064
Charlevoix	Health Dept of NW MI	Charlevoix	(800) 432-4121
Cheboygan	District 4	Cheboygan	(231) 627-8850
Chippewa	Chippewa County	Sault Ste. Marie	(906) 635-1566
Clare	Central MI DHD	Harrison	(989) 539-6731
Clinton	Mid-MI DHD	St. Johns	(989) 227-3111
Crawford	District 10	Grayling	(989) 348-7800
Delta	Delta-Menominee Dist	Escanaba	(906) 786-4111
Dickinson	Dickinson-Iron Dist	Kingsford	(906) 774-1868
Eaton	Barry-Eaton DHD	Charlotte	(517) 541-2641
Emmet	Health Dept of NW MI	Petoskey	(800) 432-4121
Genesee	Genesee County	Flint	(810) 257-1017
Gladwin	Central MI DHD	Gladwin	(989) 426-9431
Gogebic	Western UP Dist	Bessemer	(906) 482-7382
Grand Traverse	Grant Traverse County	Traverse City	(231) 995-6125
Gratiot	Mid-MI DHD	Ithaca	(989) 875-1019
Hillsdale	Branch/Hills/St. Joseph	Hillsdale	(517) 437-7395 ext. 307
Houghton	Western UP Dist	Hancock	(906) 482-7382
Huron	Huron County	Bad Axe	(989) 269-9721
Ingham	Ingham County	Lansing	(517) 887-4308
Ionia	Ionia County	Ionia	(616) 527-5341
Iosco	District 2	Tawas City	(989) 362-6183

County	Health department name	Office location (city)	Phone number
Iron	Dickinson-Iron Dist	Crystal Falls	(906) 265-9913
Isabella	Central MI DHD	Mt. Pleasant	(989) 773-5921
Jackson	Jackson County	Jackson	(517) 768-1662
Kalamazoo	Kalamazoo County	Kalamazoo	(269) 373-5044
Kalkaska	District 10	Kalkaska	(231) 258-8669
Kent	Kent County	Grand Rapids	(616) 632-7228
Keweenaw	Western UP Dist	Hancock	(906) 482-7382
Lake	District 10	Baldwin	(231) 745-4663
Lapeer	Lapeer County	Lapeer	(810) 667-0448
Leelanau	Benzie-Leelanau DHD	Lake Leelanau	(231) 256-0200
Lenawee	Lenawee County	Adrian	(517) 264-5243
Livingston	Livingston County	Howell	(517) 546-9850
Luce	LMAS DHD	Newberry	(906) 293-5107
Mackinac	LMAS DHD	St. Ignace	(906) 643-1100
Macomb	Macomb County	Mt. Clemens	(586) 783-8190
Manistee	District 10	Manistee	(231) 723-3595
Marquette	Marquette County	Negaunee	(906) 475-7844
Mason	District 10	Ludington	(231) 845-7381
Mecosta	District 10	Big Rapids	(231) 592-0130
Menominee	Delta-Menominee Dist	Menominee	(906) 863-4451
Midland	Midland County	Midland	(989) 832-6666
Missaukee	District 10	Lake City	(231) 839-7167
Monroe	Monroe County	Monroe	(734) 240-7832
Montcalm	Mid-MI DHD	Stanton	(989) 831-3615
Montmorency	District 4	Atlanta	(989) 785-4428
Muskegon	Muskegon County	Muskegon	(231) 724-4421
Newaygo	District 10	White Cloud	(231) 689-7300
Oakland	Oakland County	Pontiac	(248) 858-1286
Oceana	District 10	Hart	(231) 873-2193
Ogemaw	District 2	West Branch	(989) 345-5020
Ontonagon	Western UP Dist	Ontonagon	(906) 482-7382
Osceola	Central MI DHD	Reed City	(231) 832-5532
Oscoda	District 2	Mio	(989) 826-3970
Otsego	Health Dept of NW MI	Gaylord	(800) 431-4121
Ottawa	Ottawa County	Holland	(616) 396-5266
Presque Isle	District 4	Rogers City	(989) 734-4723

County	Health department name	Office location (city)	Phone number
Roscommon	Central MI DHD	Prudenville	(989) 366-9166
Saginaw	Saginaw County	Saginaw	(989) 758-3887
St. Clair	St. Clair County	Port Huron	(810) 987-5300
St. Joseph	Branch/Hills/St. Joseph	Three Rivers	(269) 273-2161 ext. 241
Sanilac	Sanilac County	Sandusky	(810) 648-4098 ext. 162
Schoolcraft	LMAS DHD	Manistique	(906) 341-6951
Shiawassee	Shiawassee County	Corunna	(989) 743-2355
Tuscola	Tuscola County	Caro	(989) 673-8114
Van Buren	Van Buren-Cass DHD	Lawrence	(269) 621-3143
Washtenaw	Washtenaw County	Ypsilanti	(734) 544-6700
Wayne	Wayne County	Wayne	(734) 727-7078
Detroit	Detroit City	Detroit	(313) 876-4000
Wexford	District 10	Cadillac	(231) 775-9942

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