

Heart Catheterization

INFORMATION GUIDE



Also Called:

- Cardiac catheterization
- Cardiac cath
- Heart cath

Including:

- Angiogram
- Angiography
- Angioplasty

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be found at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at

<http://www.umcvc.org/mardigian-wellness-resource-center>

and online Information guides at <http://infoguides.med.umich.edu/home>

Brochures, Fact Sheets

- American Heart Association
 - **Cardiac Catheterization**
<https://www.heart.org/en/health-topics/heart-attack/diagnosing-a-heart-attack/cardiac-catheterization>
 - **What is Coronary Angiogram?**
<https://www.heart.org/-/media/Files/Health-Topics/Answers-by-Heart/What-Is-a-Coronary-Angiogram.pdf>

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- What is Coronary Angioplasty?
<https://www.heart.org/-/media/Files/Health-Topics/Answers-by-Heart/What-Is-Coronary-Angioplasty.pdf>
- RadiologyInfo.org
 - **Angioplasty and Vascular Stenting**
<https://www.radiologyinfo.org/en/info/angioplasty>

Audiovisual Resources

- **Your Cardiac Catheterization at the University of Michigan**
<http://www.uofmhealth.org/media/21276>
This video shows what to expect when you come to the University of Michigan for a Cardiac Catheterization.

Web Resources

- **American Heart Association: Cardiac Catheterization**
<https://www.heart.org/en/health-topics/heart-attack/diagnosing-a-heart-attack/cardiac-catheterization>
Provides an overview of cardiac catheterization, including why people have one and how to prepare for the procedure.
- **The National Heart, Lung, and Blood Institute (NHLBI): What is a Cardiac Catheterization?**
<https://www.nhlbi.nih.gov/health/cardiac-catheterization>
Easy-to-read overview that covers what happens before, during and after the procedure.

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- **Society for Vascular Surgery: Angiogram**

<https://vascular.org/patient-resources/vascular-tests/angiogram>

Provides an overview of the procedure as well as information about related conditions and tests.

Michigan Medicine Resources

- **The Cardiovascular Disease Prevention & Rehabilitation Program** at Domino's Farms offers a number of relevant program and services including:

- Cardiac Rehabilitation Program
- Exercise Consultations
- Nutrition Services
- Stress Management Services

For more information access <http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation>

or call: 888.287.1082

- **Tobacco Consultation Service**

Group and individual quit-smoking programs.

For more information access:

<http://hr.umich.edu/mhealthy/programs/tobacco/> or call (734) 998-6222 or email quitsmoking@med.umich.edu

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Patient Support Organizations

- **American Heart Association**

<http://www.heart.org/>

1-800-242-8721

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