

# Carotid Artery Disease

## INFORMATION GUIDE



Other Names:

- CAD
- Ischemic (is-KE-mik) heart disease

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be found at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at

<http://www.umcvc.org/mardigian-wellness-resource-center>

and online Information guides at <http://infoguides.med.umich.edu/home>

### Brochures, Fact sheets

- American Heart Association. **What is Carotid Endarterectomy?**  
<https://tinyurl.com/h4srnjev>
- Michigan Medicine. **Carotid Artery Disease.**  
<http://www.med.umich.edu/1libr/Surgery/VascularSurgery/221-CarotidArteryDisease.pdf>
- Society for Vascular Nursing. **Carotid Artery Disease.**  
[https://cdn.ymaws.com/www.svnnet.org/resource/resmgr/documents/svn\\_carotid\\_artery\\_disease\\_b.pdf](https://cdn.ymaws.com/www.svnnet.org/resource/resmgr/documents/svn_carotid_artery_disease_b.pdf)

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- Society for Vascular Surgery. **Carotid Artery Disease**  
<https://tinyurl.com/ykb5m353>
- Vascular Cures. **Carotid Artery Disease**  
<https://tinyurl.com/2p834bs3>

### Web Resources

- National Heart, Lung, and Blood Institute (NHLBI): **Atherosclerosis**  
<https://www.nhlbi.nih.gov/health/atherosclerosis>  
Provides information on atherosclerosis, including information on carotid artery disease.
- Society for Vascular Surgery  
<http://www.vascularweb.org/>
- Carotid Artery Disease <https://vascular.org/patients-and-referring-physicians/conditions/carotid-artery-disease>
- Carotid Endarterectomy <https://vascular.org/patients-and-referring-physicians/conditions/carotid-endarterectomy>
- Vascular Cures: **Carotid Artery Disease**  
<http://vascularcures.org/carotid-artery-disease/>  
Information on carotid artery disease including symptoms, risk factors, diagnosis, treatment and prevention.

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### Michigan Medicine Resources

- **The Cardiovascular Disease Prevention & Rehabilitation program** at Domino's Farms offers a number of relevant program and services including:

- Cardiac Rehabilitation Program
- Exercise Consultations
- Nutrition Services
- Stress Management Services

For more information access <http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation>  
or call: 734.888.287.1082

- **Michigan Medicine Vascular Surgery**

<https://www.umcvc.org/conditions-treatments/vascular-surgery>

This site provides information about specific conditions, preparing for surgery, and physicians and staff in the department.

- **Tobacco Treatment Programs**

Group and individual quit-smoking programs.

For more information, go to

<http://hr.umich.edu/mhealthy/programs/tobacco/>, call (734) 998-6222 or email at [quitsmoking@med.umich.edu](mailto:quitsmoking@med.umich.edu)

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### Patient Support Organizations

- Vascular Cures

<http://vascularcures.org/>

650-368-6022

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