

Aortic Aneurysm

INFORMATION GUIDE



Other Names:

- Abdominal aortic Aneurysm
- AAA
- Thoracic Aortic Aneurysm
- TAAA

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at <http://www.umcvc.org/mardigian-wellness-resource-center> and online Information guides at <http://infoguides.med.umich.edu/home>

Brochures, Fact sheets

- MedlinePlus.gov from the National Library of Medicine.
Aortic Aneurysm
<https://medlineplus.gov/aorticaneurysm.html>
- National Heart, Lung, and Blood Institute. **What is an Aneurysm?**
<https://www.nhlbi.nih.gov/health-topics/aneurysm>
- Vascular Cures. **Abdominal Aortic Aneurysm.**
<https://tinyurl.com/4k38pstx>

Aortic Aneurysm

INFORMATION GUIDE



Web Resources

- **Vascular Cures**

<http://vascularcures.org/>

- **What is an Abdominal Aortic Aneurysm?**

https://vascularcures.org/vascular_diseases/abdominal-aortic-aneurysms/

- **What is a Thoracic Aortic Aneurysm?**

https://vascularcures.org/vascular_diseases/thoracic-aortic-aneurysm-taa/

- **The National Heart, Lung, and Blood Institute (NHLBI): Aortic Aneurysm**

<https://www.nhlbi.nih.gov/health-topics/aneurysm>

This section provides an easy-to-read overview of aneurysm, causes, symptoms, diagnosis and treatment.

- **Society of Thoracic Surgeons (STS) Patient Information: Thoracic Aortic Anuerysm**

<http://ctsurgerypatients.org/adult-heart-disease/thoracic-aortic-aneurysm>

Explains what a thoracic aneurysm is as well as causes, symptoms, diagnosis and treatment.

- **Society of Vascular Surgery**

<http://www.vascular.org>

- **Abdominal Aortic Aneurysm**

<https://vascular.org/patients-and-referring-physicians/conditions/abdominal-aortic-aneurysm>

Aortic Aneurysm

INFORMATION GUIDE



- **Thoracic Aortic Aneurysm**
<https://vascular.org/patients-and-referring-physicians/conditions/thoracic-aortic-aneurysm>

- **UpToDate: Patient information: Abdominal Aortic Aneurysm**
<http://www.patients.uptodate.com/>
 - Scroll down and in the “Search UpToDate” box type “Aortic Aneurysm”
This detailed, comprehensive overview is based on professional literature reviews written for physicians and updated regularly. The overview is very detailed and includes some medical terminology. It is suitable for readers seeking to gain in-depth understanding of Aortic Aneurysm.

University of Michigan Resources

- **University of Michigan Comprehensive Aortic Program**
<https://www.umcvc.org/conditions-treatments/comprehensive-aortic-program>
This program specializes in treating all conditions of the aorta and aortic valve.

- **The Cardiovascular Disease Prevention & Rehabilitation Program at Domino’s Farms** offers a number of relevant programs and services including:
 - Cardiac Rehabilitation Program
 - Exercise Consultations

Aortic Aneurysm

INFORMATION GUIDE



- Nutrition Services
- Stress Management Services

For more information access <http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation>
or call: 1-888-287-1082.

- **Tobacco Consultation Service**

Group and individual quit-smoking programs.

For more information access: <http://www.mhealthy.umich.edu/tobacco/> or
call 734- 998-6222

Patient Support Organizations

- **American Heart Association**

<http://www.heart.org>

1-800-242-8721

- **Vascular Cures**

<http://vascularcures.org/>

info@vascularcures.org

Disclaimer: This document contains information and/or instructional materials developed by University of Michigan (U-M) Health for the typical patient with your condition. It may include links to online content that was not created by U-M Health and for which U-M Health does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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