

# Adult Congenital Heart Disease (ACHD) Program

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Welcome to the Adult Congenital Heart Disease (ACHD) Program at the Michigan Medicine Frankel Cardiovascular Center. We are here to help adults over age 18 with congenital heart disease. Our program is known as one of the top places for adult congenital heart care. In 2017, the Adult Congenital Heart Association certified us for providing comprehensive, high-quality care.

## What services does the ACHD Program offer?

- We use a team-based approach, where we work with other team members within our health system to make sure you receive complete care. This includes:
  - ⊖ **Heart surgeons** who perform surgeries on the heart and large blood vessels if needed
  - **Interventional cardiologists** who specialize in catheter-based treatment of heart diseases
  - **Cardio-obstetrics team members** who focus on managing and treating heart disease in pregnant people, ensuring both parent and child health, especially in high-risk pregnancies
  - **Pulmonary hypertension team members** who provide specialized care and management for patients with high blood pressure in the lungs
  - **Electrophysiologists** who focus on diagnosing and treating heart rhythm issues
  - **Liver disease management specialists**, which may include hepatologists or other specialists who manage patients when heart disease affects their liver function

- We provide heart imaging services, including:
  - Same-day echocardiograms (ultrasounds of the heart)
  - Adult congenital magnetic resonance imaging (MRI)
- We offer an educational program designed for young adults transitioning to adult healthcare.

## **Who are the core team members of the ACHD Program?**

As a patient, it is helpful to know who will be taking care of you. Our team includes doctors, fellows training in cardiology, nurses, and nurse practitioners. You might meet some of the following team members during your visits:

- Timothy B. Cotts, MD, Program Director, Board Certified in ACHD
- Mark Norris, MD, Program Co-Director, Board Certified in ACHD
- Michael Joynt, MD, Clinical Assistant Professor, Board Certified in ACHD
- Angela Quain, MD, Clinical Assistant Professor, Board Eligible\* in ACHD
- Andrea Craven, FNP-BC
- Elizabeth Stalder, FNP-C
- Sandra Gardzella, BSN RN
- Erica Warrington, BSN RN
- DeNetra Sims, Patient Services Intermediate

*\*Board Eligible in ACHD means a doctor has completed the necessary training in Adult Congenital Heart Disease (ACHD) and is qualified to take the exam to become board certified in this specialty.*

## **Where is the ACHD clinic located?**

The ACHD clinic is located on the 3rd floor of the Frankel Cardiovascular Center. You can park in the P5visitor parking structure.

## **What supports and resources are available?**

Here are the support and resources available to you:

Frankel Cardiovascular Center  
Adult Congenital Heart Disease (ACHD) Program

- When you visit us, you will get a folder with educational materials about congenital heart disease. We encourage you to read it and write down any questions or concerns you have. The ACHD team will review the materials with you and help answer your questions. You might also receive more information based on your heart condition, personal needs, and lifestyle.
- For more information, you can visit the Mardigian Wellness Resource Center, located on floor 2 of the Frankel Cardiovascular Center. You can also visit their website for more resources at: [UMCVC.org/mardigian-wellness-resource-center](http://UMCVC.org/mardigian-wellness-resource-center)

## Who do I call if I have questions?

Reason for call	Number to call
Emergency	<b>911</b>
Urgent needs <b>after hours</b>	<b>Hospital paging: (734) 736-6267</b> after 5:00 PM or on weekends or holidays <ul style="list-style-type: none"> <li>• Ask to speak with your doctor.</li> </ul>
<ul style="list-style-type: none"> <li>• Requesting to speak with a clinical nurse coordinator</li> <li>• Prescription refills</li> <li>• Appointment scheduling or rescheduling</li> <li>• Scheduling a test</li> </ul>	<b>Disease Management Call Center: (734) 647-5499</b> or toll free <b>(844) 369-7816</b> , <b>option 4</b> <ul style="list-style-type: none"> <li>• Call between 8:00 AM - 4:30 PM Monday through Friday.</li> </ul>

You can also use the [MyUofMHealth.org](http://MyUofMHealth.org) online patient portal to message your care team about non-urgent matters. This tool allows you to:

- Send a non-urgent message to your care team (avoid phone tag!)
- Review prescription medications and request prescription renewals
- Request, view, or cancel appointments, or self-schedule an appointment with one of your current providers

- Receive lab and other test results

If you need more help using the patient portal, you may e-mail the Health Information Management department at [HIM-PatientPortal@med.umich.edu](mailto:HIM-PatientPortal@med.umich.edu), or you can call **(734) 615-0872** on Monday through Friday from 7:30 AM – 4:00 PM.

We look forward to working with you and providing you with excellent care. Let us know what helps, what does not, and how we can help you!

Disclaimer: This document contains information and/or instructional materials developed by University of Michigan (U-M) Health for the typical patient with your condition. It may include links to online content that was not created by U-M Health and for which U-M Health does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition, or your treatment plan.

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