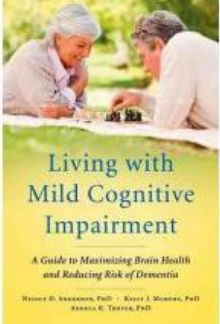
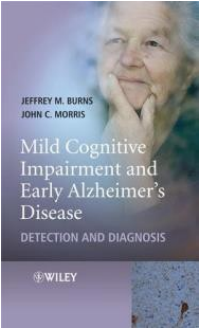
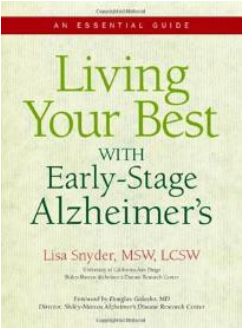


Resource List for Mild Cognitive Impairment

Books that can help adults understand and cope with Mild Cognitive Impairment:

	<p>Living with Mild Cognitive Impairment: A Guide to Maximizing Brain Health and Reducing Risk of Dementia Anderson, N., Kelly, M., & Troyer, A. (2012) New York, NY: Oxford University Press</p> <p>This book provides up-to-date and reliable information on the nature of this disorder, how it may affect people, and what can be done about it.</p>
	<p>Mild Cognitive Impairment and Early Alzheimer's Disease: Detection and Diagnosis Burns, J. & Morris, J. (2008) Hoboken, NJ: John Wiley & Sons</p> <p>This book, while written for clinicians, describes the cognitive changes associated with age, the earliest detectable stages of Alzheimer's, and the relationship of these conditions to MCI.</p>
	<p>Living Your Best with Early-Stage Alzheimer's: An Essential Guide Snyder, L. (2010) North Branch, MN: Sunrise River Press</p> <p>This guide offers strategies for managing memory loss.</p>

Online resources that can help adults understand and cope with Mild Cognitive Impairment:

- Mild Cognitive Impairment (Alzheimer's Association):
http://www.alz.org/national/documents/topicsheet_MCI.pdf
- Care Guides From Your Clinician: Alzheimer's Disease Center (MADC)
<http://careguides.med.umich.edu/alzheimers-disease-center>

Who can I contact to find out more?

For more information, call (734) 764-5137 or visit
<http://alzheimers.med.umich.edu>

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Edited by: Karelyn Munro, BA

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