

# Lewy Body Dementia Support Groups

## **Ann Arbor & Brighton**

2nd Tuesday of the month

Caregiver Support Group 2:00-3:00pm

Persons Living with LBD Support Group  
3:00-4:00pm

## **Lansing & West Bloomfield**

4th Thursday of the month

Caregiver Support Group 2:00-3:00pm

Persons Living with LBD Support Group  
3:00-4:00pm

## **Harbor Springs\***

2nd Tuesday of the month

Combined Caregiver and Persons Living  
with LBD Support Group 6:00-7:00pm

## **Boyne City\***

2nd Tuesday of the month

Combined Caregiver and Persons Living  
with LBD Support Group 2:00-3:00pm

All groups will be meeting virtually via Zoom until further notice. Please register at [alzheimers.med.umich.edu/lbd-registration/](https://alzheimers.med.umich.edu/lbd-registration/) in order to receive a link for the meeting.

## **What is Lewy body dementia?**

Lewy body dementia (LBD) is a brain disease that impairs thinking and often mobility. Common symptoms include hallucinations, sleep disturbances, stiffness, and fluctuating levels of awareness.

Separate virtual support groups are available for those with an early diagnosis of LBD and for caregivers or family members of those with LBD. \*Northern Michigan virtual groups are currently combined with both caregivers and individuals with LBD attending together.

These support groups are hosted by the Rinne Lewy Body Dementia Initiative, a program of the Michigan Alzheimer's Disease Center.

If it is your **first time** attending or for more information, contact Renee Gadwa at [rgadwa@med.umich.edu](mailto:rgadwa@med.umich.edu) or **734-764-5137**.