



Housing Bureau for Seniors

**ALZHEIMER'S AND MEMORY CARE
ASSISTED LIVING COMMUNITIES**

2012

Contact the Michigan Great Lakes Chapter of the Alzheimer's Association at 734-475-7043 or go to their website at www.alz.org for more information on memory disorders, caregiver support resources and counseling for care and management.

HOUSING BUREAU FOR SENIORS
2401 PLYMOUTH ROAD, SUITE C
ANN ARBOR, MI 48105
TELEPHONE (734) 998-9339
<http://www.med.umich.edu/seniors/>

The Housing Bureau for Seniors is a community supported program of the
University of Michigan Health System.

The Memory Support Center at Brecon Village – Evangelical Homes of Michigan

**101 Brecon Drive
Saline, MI 48176**

Phone: (734) 295-9811

Fax: (734) 295-9822

Website: www.ehmchoices.org

Contact: Sula Jeffers, Director of Marketing
Bernita Lee, Marketing Coordinator

Eligibility: 60 and older

Respite Care: Based on availability (Daily rate: \$305)

Capacity: 30 private apartments (Rates Start: \$ 250/day)

Adult Day Care: Available 7 Days Per Week (\$16.75/hr)

Payment Source: Private pay

Updated: January 2012

The Memory Support Center at Brecon Village is in the Evangelical Homes of Michigan services family. The Memory Support Center at Brecon Village encompasses various levels of services in households – living spaces designed to support the resident and their loved ones through the many stages of memory loss.

Private suites offer a safe and secure living environment, utilizing innovative technologies and trained caregivers. The neighborhood surrounding the households offers a market and café, a chapel and reflection room, gathering places for art and cultural events, a fitness center and spa, and kitchens designed to encourage our residents to assist with meal preparation in order to enhance their dining and living experiences. Our specialized dementia caregivers gear daily activities, support and care to our residents and day program participants.

Features of the Memory Support Center include:

Memory Support Center Residence: provides 24-hour care and activities to enhance functional ability and improve quality of life. Residents have private apartment suites with bathing facilities and share common living areas.

Day Program: provides daily recreation, social support and activities for persons with memory loss. In a secure home like setting, participants will engage in meaningful experiences that promote their self-esteem and dignity. Caregivers will have the comfort of knowing that while away from home their loved one is safe and active. Two-hour minimum at \$16.75 an hour, overnight respite available.

Library & Resource Center: provides education, information and support to persons with memory loss, their caregivers and families. They will have access to publications and the internet at the Memory Support Center. Materials will be available for loan. The resource center will also coordinate support groups, educational programs and seminars.

Cottage Homes: In addition to the assisted living residence, we have several homes designed for individuals who desire to utilize the technologies and connectedness of our resources, but prefer to live in a small cottage setting. Adjacent to the Memory Support Center, the cottages allow the resident to live with a loved one or friend and still receive our non-intrusive security and support. Call for rates and purchase information.

For more information visit www.ehmchoices.org

Brookdale Place of Ann Arbor

2190 Ann Arbor-Saline Road

Ann Arbor, MI 48103

Phone: (734) 327-1350

Fax: (734) 327-1351

Website: www.brookdaleliving.com

Contact: Sales & Marketing Manager

Eligibility: 60 years old and older, unless age waiver

Capacity: 21 residents

License: Home for the Aged

Payment Source: Private Pay, Veterans Benefit and Long Term Care Insurance

Pets Allowed: Community pets/Individual pets welcome

Updated: January 2012

Clare Bridge Place: Clare Bridge Place offers a secured environment and program for seniors with Alzheimer’s and dementia. Highly trained Clare Bridge associates provide dementia care services and individualized activity programming to ensure “daily moments of success.” Services include care assistance, meals and snacks, housekeeping, laundry, medication assistance, safety monitoring, health checks and activity programming. Incontinence supplies are available for an additional fee.

Monthly Fee Ranges for One Person

Basic Room & Board for semi-private to private suites	\$3,040 - \$4,400
Additional Monthly Charges	Rate Based Upon Care Level Needs
Cable Basic Package	Prices based on Comcast package
One-time Community Fee charged when the residential agreement is signed.	Equal to one month’s room and board rate

All Utilities, including telephones are included in basic room and board fee.

Clare Bridge of Ann Arbor Brookdale Senior Living

750 West Eisenhower Parkway

Ann Arbor, Michigan 48103

Phone: 734-213-1708

Fax: 734-213-1709

Contacts: Carol Cancio, Executive Director
Lindsay Mann-Shanahan, Community
Sales Rep.

Capacity: 36

Respite Care: Available at \$125/day, approx. with a 14
day minimum

License: Home for the Aged

Payment Source: Private Pay, Veterans Benefits and Long
Term Care Insurance

Pets Allowed: Yes, with additional fee

Updated: January 2012

Clare Bridge of Ann Arbor provides a comfortable, home-like setting with programs and services designed specifically for 36 individuals with Alzheimer's disease or other memory impairments. Unique building features, such as visual cues and walking paths, help residents stay independent and find their way. Twenty-four hour trained staff works closely with each resident to provide personal assistance that promotes independence, dignity and choice.

Special Features:

- Purposefully designed environment, including interior and exterior walking paths, way-finding cues and a home-like setting
- All exterior doors alarmed at all times
- Neighborhoods designed for small groups of residents help to regulate stimulation and create familiarity
- Resident Assistance Center located within each neighborhood enables staff to provide necessary services with privacy and dignity
- Exterior living spaces include enclosed courtyards and patios
- Holistic approach; specific staff are responsible for assisting with all aspects of an individual's needs
- Training designed to assist staff in managing difficult behaviors and work effectively with the memory impaired
- Life Enrichment and Memory Support Programs
- Services Include:
 - Assistance with personal care needs (bathing, dressing and grooming)/Medication management
 - Staff 24 hours a day/ Ongoing monitoring of health care needs
 - Housekeeping services/ Personal laundry and linen services
 - Nutritious menus designed by dietician
 - Variety of activities, outings and events

Rates and Fees

-Private rooms are \$3,975

-Companion rooms are \$3,460

-Deluxe companion room is \$5,320

-Personal care rates begin at \$500

-Move in fee equal to one month's room rate

Chelsea Retirement Community

805 West Middle St.

Chelsea, MI 48118

Phone: (734) 475-8633 ext. 429

Fax: (734) 475-8707

website: www.chelsearetirementcommunity.com

Contact: Stacey Olson, Marketing Coordinator

Eligibility: 62 and older

Capacity: 102 bed unit – memory care

Respite Care: Limited Availablilty

License: Continuing Care Retirement Community
Home for Aged for Assisted Living

Payment Source: Private pay, Long Term Care Insurance and Veteran Benefits

Pets Allowed: Pets are not allowed at Towsley Village; however there are several neighborhood cats throughout the facility

Updated: January 2012

Chelsea Retirement Community (CRC) is an accredited Continuum of Care facility established in 1906, owned, and managed by the non-profit United Methodist Retirement Communities, Inc. It provides a full range of living options: Independent Living, Assisted Living, Special Memory Care, Nursing Care and a skilled Medicare short-term rehabilitation unit. If interested, it is recommended that you call to request an application and schedule a visit.

Special Care Unit for Memory Loss (Towsley Village)

Towsley Village offers a continuum of care, individualized for each resident. Residents have on-site access to a variety of health care professionals as well as CRC physical, speech and occupational therapists. In addition to medical care Towsley residents enjoy a variety of programs and opportunities to socialize. Daily programs and regular supervised outings and activities are designed to stimulate thought, provide enjoyment and encourage residents to live in the moment. Support groups are provided for family members.

Rate includes cueing, activities, and three meals per day, snacks, administering medications, linens, housekeeping and laundry, assistance with bathing, assistance with dressing, grooming, and 24-hour care. **Cost per day: \$199 - \$243**

Fairfax Manor

1900 Prospect Road
(Southeast Corner of
Geddes and Prospect
Roads)
Ypsilanti, MI 48198

Phone: (734) 483-6662
Fax: (734)483-8494
Website: www.fairfaxassistedliving.com
Contact: Rex Lanyi, Administrator
Karen Morley, Office Manager

Eligibility: 45 years or older
Capacity: 40 beds
Respite Care: Available
Adult Day Care: 7 days a week with flexible hours
License: Adult Foster Care
Payment Source: Private Pay, Veterans Benefits, My Choice Waiver,
and Long Term Care Insurance
Pets Allowed: Community pets are available
Individual pets evaluated on a case by case basis
Updated: January 2012

Fairfax Manor provides supportive care tailored to the needs of elders with Alzheimer's or related dementia, as well offering assisted living for those needing supportive care and who are without dementia. Residents must be medically stable.

The Fairfax Manor campus consists of two buildings. Each building accommodates 20 residents. All bedrooms are private and those in companion rooms share a bath. Residents are encouraged to furnish their rooms with personal belongings to promote comfort and familiarity, and to assist with orientation.

Fairfax Manor provides twenty-four hour staff assistance and a nurse. Residents receive three meals and snacks each day; special diets can be accommodated. Other services include laundry and housekeeping. There is an enclosed outdoor courtyard and a handicap accessible van for outings. Adult day care services are also available.

Memory Care Rates: Monthly rate of \$3500-4000 for private room or for companion. (Rates vary based on needs)

\$150/day for respite (all inclusive)

\$ 50/day for Adult Day Care
(Transportation available for a nominal fee)

Gilbert Residence 203 South Huron, Ypsilanti 48197
Phone: (734) 482-9498
Fax: (734) 482-1848
Website: <http://www.gilbertresidence.com>

Contact: Wilma Rossbach, Admissions Director
Email: wilmar@gilbertresidence.com
Eligibility: 60 and older
Respite Care: None
Capacity: 10 person dementia care unit
License: Home for the Aged
Payment Source: Private pay, long term care insurance & veteran benefits

Updated: January 2012

The Gilbert Residence currently operates as a small continuing care retirement community. It has a 32 person licensed Nursing unit and a 40 person licensed Assisted Living unit. In the Assisted Living area, a 10 person specialized dementia care unit named "**Grace Hall**" meets the unique needs of persons with Alzheimer's disease and related dementias. Grace Hall offers a home-live environment that is secure and safe with an enclosed outside patio preventing a person with dementia from leaving the building or grounds unsupervised.

Program Goals

- Safety and Security
- Support Functional Ability Through Meaningful Daily Activities
- Maximize Well-Being and Awareness
- Provide On-going Opportunities for Stimulation
- Maximize Autonomy and Control
- Adapt to Changing Needs
- Establish Links to the Healthy and Familiar
- Provide Daily Opportunities for Socialization
- Protect Need for Privacy and Dignity

SPECIALIZED DEMENTIA CARE Assistance with activities of daily living such as dressing, grooming, hygiene, incontinence management, bathing, medication management, laundry, bed making, and wireless call system are provided. Three meals/day and nutritious snacks; 24 hr/day support staffing; emergency call system; activities program; weekly housekeeping/linen services; cable television and all utilities (excluding telephone).

Hillside Terrace Retirement Community

1939 Jackson Ave,
Ann Arbor MI 48103

Phone: (734)-761-4451

Fax: (734)-761-7047

Website: www.hillside terrace.net

Contact: Nanya Litz, RN. LNHA Administrator/C.E.O.
marketing@hillside terrace.net

Eligibility: 60 and older

Respite Care: Available at \$175 a day all inclusive

Capacity: 8 unit apartment home – Memory Community

License: Home for the Aged for Assisted Living

Payment Source: Private Pay, Long Term Care Insurance
and Veteran Benefits

Pets Allowed: Yes, 25lbs, or less \$300 pet fee at move-in, plus an
additional \$25 month

Updated: January 2011

HILLSIDE TERRACE RETIREMENT COMMUNITY provides a broad range of care: independent living, assisted living, and, a dementia neighborhood. On-site services include: occupational therapy, physical therapy, speech therapy, vision, podiatry, dentistry and a hair salon. Amenities include recreational activities, community outings with an accessible van, ecumenical chapel services every Thursday and Sunday, and daily pet visits from Hillside's House Labrador "Maddie".

Wellness Fitness Center: Special Features

- Full time Life Enrichment Director offering enhanced programming, including: daily exercise program, music programs, socials, and a brain fitness computer class.
- Nurse on-site 24/7 to coordinate care and security for each resident.
- Individual programming is available for those who prefer one-on one activities
- Serenity Court yards and walking paths.

MEMORY LANE is designed for those with different types of dementia, Alzheimer's and Parkinson's, offering a small living community with 8 apartments and 24/7 individualized care, medication management and other services from licensed nurses. Other services include massage therapy and a life skill program.

THE PALMS offers multiple levels of higher care needs. Residents enjoy independence, safety and privacy in the unique apartment home knowing that their needs can be met by highly trained staff and nurses on-site 24-7.

Rates and Fees

- Room and board - 4 apartment studios range from \$4,660 - \$5,449 monthly
- Care levels fees range from \$695 - \$1,295 monthly
- Medication administration fees range from \$395- \$495 monthly
- One-time non-refundable community fee of \$2,000.

Huron Woods

5361 McAuley Drive
Ann Arbor, MI 48106

Phone: 734-712-5600
Fax: 734-712-5643
Web site: huronwoods.org
Contact: William C. Scott, Marketing Director
Eligibility: 60 and older with memory loss
Capacity: 73
Respite Care: Available
License: Home for the Aged
Payment Source: Private Pay, Veterans Benefits and Long Term
Care Insurance
Pets Allowed: No
Updated: January 2012

Huron Woods is located on the campus of St. Joseph Mercy Hospital in the Senior Health Building. Individuals with all forms of memory loss are served. There are 73 private rooms with bath and all are handicap accessible.

The facility is divided into five individual homes, complete with private rooms, kitchen, dining and living areas. Residents receive around-the-clock care. There are resident care assistants, a social worker, an activity director and 24-hour a day nursing staff available to help residents.

Huron Woods offers:

- 24- hour licensed nursing care
- On site access to geriatric specialist
- Life Enrichment Program
- 3 meals a day and snacks
- Laundry and housekeeping
- Social Work support
- Activities Coordinator

Rates: \$197-\$220/day depending on size of room and the level of care needed.

Sunrise Senior Living of Ann Arbor North

1901 Plymouth Road
Ann Arbor, MI 48105

Phone: (734) 741-9500
Fax: (734) 741-9800
Email: annarbornorth.dcr@sunriseseniorliving.com
Website: www.sunriseseniorliving.com
Contact: Patricia Stopes, Director of Community Relations
Eligibility: 60 and older (some exceptions)
Capacity: 72 units with a total of 86 beds
License: Home for the Aged
Payment Source: Private Pay, Veterans Benefits and Long Term Care Insurance
Pets Allowed: Community and personal pets
Updated: January 2012

Sunrise of North Ann Arbor offers one, two and three room suites with a private bathroom and small kitchenette with a refrigerator. Tours are available upon request. Weekend and evening appointments are available. Walk-ins are welcome.

Assisted Living offers 3 meals a day and snacks are available 24 hours a day, reminders and supervision with activities of daily living, weekly housekeeping, trash removal, laundry service, activities and transportation plus a wellness plan and an onsite care staff 24 hours a day. A Healthy Living Program offers rehabilitative services and exercises to maintain good health.

Assisted Living Plus Program includes all assisted living service plus additional services for more extensive care needs.

Reminiscence Neighborhood serves residents with memory related disorders. Services include all Assisted Living and Living Plus services with specially trained staff to work closely with these residents. (Also includes medication administration.)

Rates and Fees

- Assisted Living starting at \$3,000 a month
- Reminiscence Care starting at \$4,800 a month
- Additional fees or higher levels of care starting at \$33 a day
- Medication Care starting at \$12 a day

* Respite stays available- \$15 per day in addition to care level and medication management if needed

A **one-time Move-In Fee** for each new permanent resident is typical.

University Living 2865 South Main St., Ann Arbor 48104
Phone: (734) 669-3030
Fax: (734) 665-2819
Website: www.univliving.com
Email: lindsayk@univliving.com
Contact: Lindsay Krzyzaniak, Marketing Director
Eligibility: 60 and older (university affiliation not required)
Respite Care: Subject to room availability.
Capacity: 54 independent and assisted living units, 12 units for memory impaired
License: Home for the Aged
Payment Source: Private pay, long-term care insurance and veteran benefits.
Pets Allowed: Evaluated on a case-by-case basis - 25lbs and under.
Updated: January 2012

University Living offers the opportunity to be part of a community dedicated to life-long learning. Residents have opportunities to participate in many intergenerational learning programs, and frequent social, cultural and devotional activities, all offered on-site. Independent and assisted living are offered along with a special memory care unit.

Seniors with mild to moderate memory loss who can still function with the aid of security, cues, and supervision will find a satisfying home at University Living. Our non-intrusive security system and the low resident to staff ration provides the security and individualized care each resident needs.

The Memory Care unit provides residents with a therapeutic milieu, creating an environment that encourages stimulating and goal-directed activities each day. Besides group activities, seniors have one-on-one basis time to encourage them to continue to have meaningful interactions in their community. Seniors may also choose to assist staff with chore-related tasks such as folding laundry, vacuuming, and gardening. Other offerings include sensory stimulation, reminiscing, and usage of the relaxation station.

Memory Care includes all basic services and offers specialized programs designed to meet the needs of residents with memory impairment. There is a high staff-to-resident ratio, individualized care and a non-intrusive security system. Staff participates in dementia-specific training.

Rates and Fees

- Monthly rates for room and board, care and services begin at \$4,700.
- Optional reservation fee of \$1,000
- One-time pendent fee of \$100