



Housing Bureau for Seniors

WASHTENAW COUNTY
ADULT FOSTER CARE HOMES
SERVING THE ELDERLY
2012

HOUSING BUREAU FOR SENIORS
2401 PLYMOUTH ROAD, SUITE C
ANN ARBOR, MI 48105

To talk to a Housing Counselor call 734-998-9346

<http://www.med.umich.edu/seniors/>

The Housing Bureau for Seniors is a community supported program of the
University of Michigan Health System

**WASHTENAW COUNTY
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What are adult foster care homes? What services do they offer?

Adult Foster Care Homes (AFC's) provide a supportive 24-hour residential environment for adults who are unable to maintain themselves independently, but do not require continuous nursing care. Personal care services for AFC residents include assistance with bathing, grooming, dressing, toileting, ambulation and eating. Caregivers assist with administering medications as prescribed by a physician. Generally, the monthly cost includes room and board, laundry, assistance/supervision as needed, and transportation to medical appointments, unless otherwise noted. Monthly costs vary from home to home.

Are AFC's regulated in any way?

AFC homes are privately owned and operated. They are licensed and regulated by the Michigan Department of Human Services. State licensure requires minimal health and safety standards and the state can take enforcement action for failure to maintain these levels of care. After a license is issued, inspections are made every two years to ensure standards continue to be met. **AFC Complaints:** If standards are not met, there is an investigation of all written and oral complaints about resident care and treatment, staffing, sanitation, and other conditions and services. For tips go to: <http://www.michigan.gov/dhs>, on the bottom left under "Online Lookups" click on "Adult Foster Care...". Or go directly to the site: http://www.dleg.state.mi.us/brs_afc/sr_afc.asp, being sure to use underscores: brs_afc and sr_afc

A complaint can be submitted online by going to the DHS website at <http://www.michigan.gov/dhs> and in the left hand corner clicking on "Inside DHS", then "Doing Business with the DHS", "Licensing", and in the "Contact Us" box click on "Complaints". You may also file a complaint by calling toll free **1-866-856-0126**.

What information will I be asked?

The home operator requires information about care needs to determine how they can meet personal care needs and at what cost. Be prepared to discuss needs related to bathing, dressing, grooming, toileting, as well as about medical conditions, medication requirements and special diet requirements.

AFC licensing requires that a home operator obtain certain information (next of kin, doctor, hospital preference, medical, etc.) in writing at the time of admission. At the time of admission a **written plan of care** is required with the understanding that periodic updates are needed. You should be asked to participate in the development of this plan.

What information can I ask of a home?

Ask questions that provide you with information about the:

- care provided and any terms and conditions for the delivery of that care.

- staffing, meals (menus may be available), home's general routine, how assistance is provided, expectations of residents, visiting hours, any restrictions, and how a home handles problems between residents, etc.
- how a room can be furnished with personal items and what you may bring from home
- transportation available for appointments outside of the home (doctors, etc.), or is family expected to provide this
- any planned activities for the residents (daily or on occasion)

Take some time to talk with the current residents, if possible. You may want to visit more than once, perhaps, at different times of day. Be sure to understand monthly charges, what is covered, when fees are due, and whether or not you will receive a refund if you leave before the month is up. Some homes will require a written contract.

How is adult foster care financed?

1. You pay out of pocket.

2. Government Payment Options

➤ Federal Benefits for Veterans, Dependents, and Spouses

Veterans who have received an honorable discharge may be eligible for a broad range of programs and services when they meet specific guidelines and have the proper documentation. Surviving spouses and dependents may also be eligible. Examples of programs and services that may be of particular interest to older adults are:

- VA Home and Community-Based Care Benefits (e.g. hospice care, respite care, and home health care)
- Burial and Memorial Benefits
- Long -Term Care Facilities in Michigan
- VA Pensions

Of special interest may be the disability pension. This is for veterans, their spouses, or surviving spouses who are permanently and totally disabled or 65 plus needing financial support for personal care assistance. This payment is applied to home care, an assisted living residence, or a nursing home. To determine eligibility and to learn what documentation is needed to qualify for benefits contact: Washtenaw County Veteran Services, 2155 Hogback in Ann Arbor at 734-971-2195.

➤ Supplemental Security Income (SSI)

This may be an option for those on Supplemental Security Income (SSI). You must first find an AFC that accepts the SSI payment and then have the ability to pay the minimum fee for care. In some cases, the Department of Human Services (DHS) provides a financial supplement. Contact DHS at 734-481-2000 and ask about the Adult Community Placement Program.

If you have a developmental disability or a mental illness and are a consumer of Community Support and Treatment Services (CSTS)—formerly Community Mental Health—contact your case manager for assistance. If you are not a CSTS customer, call ACCESS at 734-544-3050 or 1-800-440-7548 to ask about placement and services.

Willow Creek Assisted Living is a Home for the Aged in Belleville (Wayne County) which offers care with ADLs and medication management, 3 meals a day, daily housekeeping, and other services. Willow Creek is a private pay facility, which accepts Supplemental Security Income (SSI) or those who qualify for SSI, and is located at 44401 S. I-94 Service Drive, Belleville, MI, 48111. Call 734-699-2900.

Adult Foster Care Checklist

As you move through the selection process use the checklist below to compare the features of places you visit. This checklist can help you keep track of what you have seen and remind you of some important questions to ask.

Instructions

Below there are spaces for three AFC homes. Consider each an *option*. Circle each option (1, 2 or 3) when you can answer **YES** to the question in each category. For example, with the question “Do you like the location?” circle 1 if you like the location and can say **YES** for your Option 1. Make notes as you wish.

ALC Option 1.
ALC Option 2.
ALC Option 3.

Location and Appearance	Notes
Option 1 2 3 Do you like the location?	
Option 1 2 3 Is it easy for family and friends to visit?	
Option 1 2 3 Is it homelike and comfortable?	
Option 1 2 3 Are the common areas clean?	
Option 1 2 3 Is the noise level acceptable?	
Option 1 2 3 Are the grounds well maintained?	
Option 1 2 3 Is the AFC handicap accessible?	
Staff	
Option 1 2 3 Do you have a list of the staff who works there?	
Option 1 2 3 Is the staff friendly?	
Option 1 2 3 Are you satisfied with the ... -weekend and after hours staffing	
Option 1 2 3 -staff turnover rate	
Option 1 2 3 -training of staff for residents with memory disorders	
Option 1 2 3 -continuing education of staff	
Safety	
Option 1 2 3 Has each staff person undergone a criminal record check?	
Option 1 2 3 Are there smoke detectors between each sleeping area and other areas?	
Option 1 2 3 Do residents with special needs have an individual written procedure for emergencies?	

Fees

Option 1	2	3	Do you know what is included in the base rate?	
Option 1	2	3	Do you know what services or items are at an additional cost (e.g., transportation, incontinence care, supplies)?	
Option 1	2	3	Do you know why, and how often, fees can be increased and how much notice you get?	

Care Services and Posting of Important Matters

Option 1	2	3	Are there sample menus that you can look at? Can special diets be accommodated?	
Option 1	2	3	Do you know what activities are offered to residents?	
Option 1	2	3	Do you know the process for a service plan of care and its implementation?	
Option 1	2	3	Do you know how medications are administered?	
Option 1	2	3	Do you know how medication errors are handled?	
Option 1	2	3	Do you know if a licensed hospice program offered?	
Option 1	2	3	Does the AFC offers care to people with Alzheimer's or related conditions? If so, ask for a written description of services to meet resident needs.	
Option 1	2	3	Is there in plain view a -complete copy of the most recent inspection (ask for the past 5 years)	
Option 1	2	3	- current licensee	
Option 1	2	3	-description of complaint procedures	
Option 1	2	3	- evacuation plan and emergency procedures	

Policies

Option 1	2	3	Do you have a copy of the resident handbook?	
Option 1	2	3	Do you know the discharge policies?	
Option 1	2	3	Do you know the policy ...	
Option 1	2	3	-on pets?	
Option 1	2	3	-for non-payment of fees?	
Option 1	2	3	-on smoking?	
Option 1	2	3	-use of a wheelchair?	
Option 1	2	3	-having guests	

ADULT FOSTER CARE IN ANN ARBOR

ARBOR CARE ON INDEPENDENCE

2169 Independence Blvd.

Ann Arbor, MI 48104

Phone: (734) 975-6608

Cell: (734) 716-1596 (Mariana)

Contact: Mariana Popa

Email: ampopa@sbcglobal.net

Payment: Private pay only

Updated: January 2012

- Licensed for 6 people of all ages
- Accepts both men and women
- Handicap accessible
- Provides care for people with memory disorders — early dementia
- Provides care for people with chronic conditions and/or physically handicapped
- Provides care for people with mental illness
- Non-smoking, and allows small pets

Located in a residential setting with four private rooms and one semi-private room. The monthly rate is \$3,000. There are three bathrooms shared by two people each. Visiting Physicians can make house calls and provide physician services. Supervision is provided 24/7. Have a generator.

ARBOR CARE ASSISTED LIVING

2015 Hall Ave.

Ann Arbor, MI 48104

Phone: (734) 668-6271

Fax: (734) 544-8231

Contact: Lydia and Attila Vegh, Owners

Website: www.acalannarbor.com

Email: acal2015@yahoo.com

Payment: Private pay only

Updated: January 2012

- Licensed for 6 people (55 years plus)
- Accepts both men and women
- Handicap accessible
- Provides care for people with early dementia and/or chronic conditions
- Provides care for elderly people (both adult foster care and assisted daily living care)
- Non-smoking, and no pets allowed

Located in a residential setting with private rooms only. The monthly rate begins at \$2,400 (negotiable depending upon the level of care) for people with care needs. A monthly rate of \$1,800 to \$2,000 is for a person who is independent in self-care and mobility. One room has its own private bathroom, and two and 1/2 other bathrooms are shared by the five other residents. On-site services include a monthly physicians and nurses' visit. Nurse can visit more often if needed.

ADULT FOSTER CARE IN ANN ARBOR - CONTINUED

BARTON MANOR

821 Barton Drive
Ann Arbor, MI 48105

Phone: (734) 662-7798

Fax: (734) 663-8691

Website: bartonmanorassistedliving.com

Contact: Carolyn Brownell, Owner

Payment: Private pay only

Updated: January 2012

- Licensed for 6 people of all ages
- Accepts both men and women
- Handicap accessible
- Provides care for people with mental illness and/or chronic conditions
- Provides care for people with memory disorders who do not wander
- Non-smoking, and some pets are allowed; there are caged birds and one cat on site

Located in a residential setting with private rooms only. The monthly rate begins at \$3,500 (rate varies dependent upon the level of care that is required). There are two bathrooms, with three people sharing one bathroom each. On-site services include a physician and podiatrist visit on a regular basis.

GLASTONBURY

1433 Glastonbury
Ann Arbor, MI 48103

Phone: (734) 995-5766

Contact: Mary Jett, Owner

Payment: Private pay and SSI accepted

Updated: January 2012

- Licensed for 6 people
- Accepts both men and women
- Accepts older adults — between ages of 60-90 years old
- Not handicapped accessible
- Non-smoking, and no pets allowed
- Provides respite care
- Provides care for people with chronic conditions
- Provides care for people with dementia and memory disorders

Located in a residential setting with three private rooms and one semi-private. Rates begin at \$75/day (about \$2,320 a month). Two bathrooms shared by all of the residents.

ADULT FOSTER CARE IN ANN ARBOR – CONTINUED

ORCHARD HILLS MANOR

2139 Georgetown Blvd.

Ann Arbor, MI 48105

Phone: (734) 709-3993 (preferred number)

Phone: (734) 213-2322

Fax: (734) 663-5704

Contact: Marian Grant

Payment: Private pay only

Updated: January 2012

- Licensed for 6 people (50+)
- Accepts both men and women
- Handicap Accessible
- Provides care for people with chronic conditions and memory disorder
- Non-smoking, and no pets allowed

There are six private rooms. Beginning rate is about \$80 a day (\$2,500 a month), based on level of care required. There are two bathrooms shared by all of the residents.

PREMIER SENIOR LIVING

2106 Camelot

Ann Arbor, MI 48104

Phone: (734) 213-2383

Contact: Petra (Pat) Mareno

Email: premiersrliving@yahoo.com

Payment: Private pay or veterans with MHICM from VA

Updated: January 2012

- Licensed for 6 people (of all ages)
- Accepts men and women
- Handicap Accessible
- Non-smoking, and allows no pets
- Provides care for people with chronic conditions
- Provides care for people with memory disorders, with mental health problems (mild dementia only), or mild mentally challenged
- Provides care for veterans with MHICM from VA

Located in a residential setting with all private rooms. Rate for private room is \$3,000-\$3,500. Respite care is also provided when space is available. There are three bathrooms shared by all of the residents. Renovated and landscaped in 2010. On-site services include a podiatrist visit every 6 weeks and hairdresser. Both services are private pay.

ADULT FOSTER CARE IN SALINE

ESTER GUEST HOUSE I & II

6250 & 6280 N. Maple Road
Saline, MI 48176

Phone: (734) 678-4916

Fax: (734) 944-0845

Email: info@esterguesthome.com

Contact: Estera Niculcea

Website: <http://www.esterguesthome.com>

Payment: Private pay or long term care insurance

Updated: January 2012

- Licensed for 6 people (each bldg)
- Accepts men and women of all ages
- Handicap accessible
- Provides care for people with chronic conditions and/or with memory loss
- Non-smoking, and no pets allowed

Located in a country setting just outside of Saline, with all private rooms. Rates begin at \$3,500 a month (depending on level of care needed). Respite care is also provided when space is available. One guest house provides a bathroom located inside each private room. The second guest house provides one private room with its own bathroom, and the other private rooms have two rooms sharing one bathroom. A small exercise room is available. On-site services include a visiting podiatrist and physician. A hairdresser visits regularly. These services are at an additional fee. Have a back-up generator.

MEDICAL FOSTER HOME PROGRAM VA ANN ARBOR HEALTHCARE SYSTEM

Phone: (734) 734-222-4269

Contact: VA Ann Arbor Health Care System

Payment: Cost of care is based on Veteran's care needs and financial resources.

Updated: January 2012

Medical Foster Homes provide a community-based living arrangement for Veterans who have chronic disabling conditions, are unable to safely alone, and have limited to no social support to provide care. 24-hour care and supervision, room and board, medication management, and assistance with daily tasks and personal care needs is provided. An interdisciplinary home care team from the VA Home Based Primary Care provides monitoring and services and includes a nurse, pharmacist, dietitian, psychologist, social worker, rehabilitation therapist and recreational therapist.

ADULT FOSTER CARE IN YPSILANTI

CAMPBELL HOME

6155 South Miami
Ypsilanti, MI 48197

Phone: (734) 485-7743

Contact: Debbie Campbell

Payment: Accepts SSI and private pay

Updated: January 2012

- Licensed for 5 females of all ages
- Not handicap accessible
- Provides care for people with memory disorders who do not wander
- Provides care for people with chronic conditions and mental illnesses
- Non-smoking and no pets permitted

Located in a residential setting, with two private rooms and one semi-private room that will accommodate three people. Monthly rate is under \$1,000. All residents are required to be enrolled in a Day Program Monday through Thursday.

CROSS COMMONS

1241 E. Cross St.
Ypsilanti, MI 48197

Phone: (734) 544-1099

Phone (cell): 330-9592

Contact: Olivia or John Potra

Payment: Private pay only

Updated: January 2012

- Licensed for 12 people (50 years plus)
- Accepts both men and women
- Handicap accessible
- Provides care for disabled and very old
- Provides care for people with memory disorders (Alzheimer's and dementia) – residents can stay until end of life
- Non-smoking, and no pets allowed

Located in a residential setting, with eleven (11) private rooms and one semi-private. Monthly rate begins at \$2,500. Both private rooms have a connecting bathroom. There is an RN available 24/7 and Visiting Physicians provides a doctor who comes to the home and can be an option for primary care. Podiatry services are available every 6 weeks. A generator provides back up in case of power outages.

GOLDEN ACRE RESIDENTIAL CARE

8253 Stoneham Drive

Ypsilanti, MI 48197

Phone: (734) 547-5058

Fax: (734) 547-5058 (call before sending)

Contact: Rene Mallinger, home care coordinator

E-mail: goldenacreresidentialcare@gmail.com

Payment: Private pay only

Updated: January 2012

- Licensed for 6 people (50 years plus)
- Accepts both men and women
- Handicap accessible
- Provides care for people with mental illness (must be non-violent)
- Provides care for people with memory disorders and chronic conditions
- Non-smoking, on-site cat, other animals will be considered

Four private rooms and one semi-private room. Base rate of \$2,500 per month (rate varies dependent upon the level of care that is required). There are two bathrooms shared by all residents. Visiting Physicians comes monthly, and more often if needed.

HAPPINESS SWEET HOME

7750 Carpenter

Ypsilanti MI 48197

Phone: (734) 528-9881

Fax: (734) 528-9883

Contact: Geri Fitch

Payment: Private pay and Supplement Security Income (SSI)

Updated: January 2012

- Licensed for 5 people (55 years plus)
- Accepts both men and women
- Handicap accessible
- Non-smoking, two on-site cats
- Provides care for people with memory disorders and/or chronic conditions
- Provides care for Traumatic Brain injury

Located in a country setting, with one private room and two semi-private rooms. Home-like atmosphere. Rate is \$2,500 a month for the private room and the semi-private rooms starts at \$1,500. There are two bathrooms shared by residents. Physician and nurse are available for home visits. Provide transportation for 2 doctor visits per month free of charge.

KISSELBURG HOME

874 Auburndale

Ypsilanti, MI 48198

Phone: (734) 485-4388

Contact: Deborah Kisselburg

Payment: Private pay and Supplement Security Income (SSI)

Updated: January 2012

- Licensed for 3 people of all ages
- Not handicap accessible
- Provides care for people with memory disorders
- Non-smoking, and there are on-site dogs (no other animals allowed)

There is one private room and one semi-private room. Management can help seniors apply for SSI if needed. Beginning rate is \$787.50 a month and "as determined by SSI" for 2012. There is one bathroom shared by residents.

ADULT FOSTER CARE in Chelsea and Dexter

Meadow View Assisted Living

13797 E. Old US 12

Chelsea, MI 48118

Phone: 734-475-8555

Contact: Linda Allen

Meadowviewassistedliving.com

meadowviewliving@comcast.com

Payment: Private pay only

Updated: January 2012

- Licensed for 6 people, ages 50+
- Accepts both men and women
- Not Handicap accessible
- Non-smoking, and no pets considered
- Provides care for early memory disorders, Alzheimer's patients, until end of life
- Provides care for chronic health conditions

Located in a county setting with six bedrooms and 3 full bathrooms. Base rate is \$2500.

CLARA'S HOUSE

10111 Island Lake Rd.

Dexter, MI 48130

Phone: (734) 426-3733

Fax : (734) 426-2269

Contact: Jody Josephson

Payment: Private pay only

Updated: January 2012

- Licensed for 6 people, ages 60+
- Accepts both men and women
- Handicap accessible
- Non-smoking, and pets considered on a case-by-case decision
- Provides care for memory disorders, Alzheimer's patients, until end of life
- Provides care for chronic health conditions and/or mental illness

Located in a country setting, with five private rooms. Base rate is \$ 75 a day (about \$2,320 a month), with rate increases based on assessment of needs. There are two bathrooms shared by residents. Podiatrist comes once every 2 months. Visiting Physicians come as needed. There is a second home available in Pinckney.

ADULT FOSTER CARE IN MILAN

FOSTERED HEARTS OF MILAN

13764 Whittaker Rd.

Milan, MI 48160

Phone: (734) 508-6322

Contact: Rhonda Rose-Scott

Payment: Private pay only

Updated: January 2012

- Licensed for 4 residents of all ages
- Accepts both men and women
- Handicap accessible
- Non-smoking, and one on-site dog (other animals will be considered)
- Provides care for physically disabled and developmental disability
- Provides care for the elderly

Located on a five acre park-like setting with pond fishing, both rooms are semi-private. Rate is \$2,800-\$3,300 a month. Can provide respite care.