Exemplar Self Check

To best ensure that your exemplar most fully imparts your practice, check it for the following before submission:

_____ The story is taken from my practice within the last year and in my current position

_____ The story has a title

_____ The story includes:
  _____ a beginning/introduction setting context
  _____ body
  _____ conclusion

_____ The reader can see the patient &/or family in the story:
  _____ what the patient &/or family is doing
  _____ what the patient &/or family is saying

_____ The reader can see me in the interaction
  _____ what I was doing
  _____ what I was thinking
  _____ what I was saying

_____ I shared why this story was particularly meaningful or memorable to me/changed my practice and/or resulted in a practice change in my clinical area

_____ The story reflects my best practice

_____ Patient/family names are completely changed (not “Mr. B.” if patient is “Mr. Black”)

_____ Staff and team member names are completely changed (as above)

_____ The story was spell-checked and proofread for grammatical errors