# Unit Profile - Adult Medical Observation Unit

<table>
<thead>
<tr>
<th>Nurse Manager</th>
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<tbody>
<tr>
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## Brief Description of the Unit

The Adult Medical Observation Unit is an 18-bay unit specializing in the care of short stay medical and procedural patients most of whom originate from the Emergency Department. Care is provided for a wide range of medical patients that require brief, but intensive monitoring and teaching. The nurses, physicians and other care givers in the Adult Medical Observation Unit are experts in providing care in this specialized setting that requires acute assessment and teaching skills. Nursing care is individualized to each patient and/or family in order to address and meet their personal needs.

## Common Medications (Categories of Drugs)

1. Opioids  
2. NSAIDS  
3. Anti-hypertensives  
4. PCA (Morphine and Dilaudid)  
5. Stool Softeners  
6. Cardiac medications  
7. Insulin gtts and SubQ  
8. Benzodiazepines  
9. Epidural pumps

## Common Procedures

1. Cardiac monitoring  
2. Enemas  
3. Intermittent straight cath, male and female  
4. Teaching self catheterization  
5. Biliary drains  
6. Chemsticks
| Common Medical Diagnoses | 7. Teaching SubQ injections  
| 8. Tube feeding (occasionally) |
|--------------------------|-----------------------------------|
| Common Precautions and Safety Measures | 1. Fall precautions  
| 2. PCA verification & VS  
| 3.5 “R” of medication administration  
| 4. Time-Out  
| 5. Cardiac Monitoring  
| 6. Epidural verification & VS |