<table>
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<th>Unit Profile – 8D Intermediate Care Unit</th>
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<tr>
<td><strong>Nurse Manager</strong></td>
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<td><strong>Clinical Nurse Supervisor</strong></td>
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<td><strong>Clinical Nurse Specialist</strong></td>
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<td><strong>Educational Nurse Coordinator</strong></td>
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<td><strong>HPPD</strong></td>
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**Brief Description of the Unit**

8D is a 20 bed Intermediate care, ICU Stepdown unit. Patients range from young adult to elderly. 8D provides care for patients who are too ill for the general care floor, yet does not require care from the intensive care level. 8D provides care for high-risk medical and surgical patients; patients with acute pulmonary, medical, surgical and cardiac conditions. The 8D unit is shared by the medical and surgical services. During times of high occupancy 8D may be used to accommodate general care or telemetry patients. Generally patients are admitted from CCMU, SICU, BICU, PACU and ED. With approval from the SICU or CCMU fellow, patients may step up from the general care areas.

**Common Medications (Categories of Drugs)**

1. Inotropes
2. Anti-Arrhythmic
3. Diuretics
4. Anti-hypertensive
5. Electrolytes
6. Blood products
7. Pain Medications: Opioid and non-opioid analgesics, Morphine PCA, Diluadid PCA, Epidurals, Pain patches
8. Bowel function: Neostigmine drips, Colace, senna, miralax
9. Antibiotics
10. Anti-emetics
11. Immunosuppressant
| 12. | Immune globulins |
| 13. | Anti-coagulants |
| 14. | Anti-fungal |
| 15. | Insulin drips |

**Common Patient Procedures**

1. PEG tube placement, nasal gastric tubes, percutaneous nephrostomy, JP drains
2. Arterial line placement
3. Bronchoscopy (with approval from medical director)
4. Dobhoff placement
5. EGD (with approval from medical director)
6. Tracheostomies and decannulation of tracheostomies
7. Home Vent Teaching
8. Bedside swallow studies
9. Wound Vac placement and management
10. Tube feedings
11. Care of ileostomies, colostomies, urostomies

**Common Unit Practices**

- **Rounding Standards:**
  Nurses round with the services throughout the day. 8D also has patient/family rounding where the manager or supervisor will round on all patients to evaluate quality of care and possibly limit complaints.

- **Communication Standards (i.e. SBAR):**
  Systematic report with shift to shift report, transfer summaries, report communication, face to face communication, as well as, SBAR.

- **Shift to Shift Rituals:**
  The nurses gather as a group to review all patients on the unit @ 7AM and 7PM. Following group report the nurses receives individual patient reports from the handoff nurse

- **Process and Contacts for calling a Patient Care Conference:**
  Social workers are contacted to arrange family meetings. The social worker will arrange meetings with the physicians, patient and family.
| Common Medical Diagnoses | 8D services many different surgical/medical services; therefore there is a wide range of diagnoses on our unit, which may include:  
1. Chronic and respiratory failure / failure to wean  
2. Respiratory failure awaiting lung transplant  
3. CF  
4. Liver failure  
5. S/P surgical patients  

Top services we serve include:  
1. MCM  
2. MP  
3. SA1 (Formerly STB)  
4. SA2 (Formerly SNE)  
5. SGW |
| --- | --- |
| Common Precautions and Safety Measures | 1. Fall precautions  
2. Contact precautions: VRE, MRSA, Cdiff  
3. Respiratory precautions  
4. Chemo precautions  
5. Isolation precautions  
6. Suicide precautions  
7. Seizure precautions  
8. Use of patient attendants (sitters)  
9. MAWS protocol  
10. Pressure ulcer prevention |