# Unit Profile – 4B

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Phone Number</th>
<th>Pager Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nurse Manager</td>
<td>Karen McConnell</td>
<td>232-3757</td>
<td>Pager 32467</td>
</tr>
<tr>
<td>Supervisor</td>
<td>Carrie Phillips</td>
<td>232-1661</td>
<td>Pager 74523</td>
</tr>
<tr>
<td>Clinical Nurse Specialist</td>
<td>Dorinda Nance</td>
<td>615 - 0595</td>
<td>Pager 7401</td>
</tr>
<tr>
<td></td>
<td>Mary Jo Kocan</td>
<td>764 - 8039</td>
<td>Pager 32466</td>
</tr>
<tr>
<td>Educational Nurse Coordinator</td>
<td>Marianne Aranda</td>
<td>232-1614</td>
<td>Pager 6018</td>
</tr>
</tbody>
</table>

## Brief Description of the Unit
4B is a 28-bed adult surgical-telemetry acute care unit. The primary patient population includes Non-Trauma Emergency, Otolaryngology, Plastic Surgery, Maxillofacial Surgery, and Minimally Invasive Surgery. We offer an interdisciplinary, collaborative team approach including: Physicians, Registered Nurses, Physicians Assistants, Nurse Practitioners, Technicians, Physical & Occupational Therapists, Speech Pathologists, Dieticians, Discharge Planners, Social Workers and Pharmacists to coordinate care from admission to discharge. In addition to providing the clinical care required by this diverse patient population, nursing also does extensive teaching to many of our patients and their family members.

## Common Medication (Categories of Drugs)
1. Analgesics – including PCA and Epidural
2. Anti-emetics
3. Anti-hypertensives
4. Anti-arrhythmics
5. Anti-infectives
6. Heparin infusions (nomograms)
7. Insulin infusions
8. Vasoactive medications – infusions
### Common Nursing Procedures

1. Tracheostomy management  
2. Cardiac monitoring  
3. Neurologic assessment  
4. Urinary management - Foley catheters, ISC, bladder scanning  
5. Free Flap Assessment – including Doppler or tissue perfusion monitoring  
6. Percussion and Postural Drainage  
7. Leech therapy  
8. Chemsticks  
9. Wound vacs  
10. Dressing changes  
11. Drains/tubes – JP, NG  
12. PCAs/Epidurals for pain management  
13. Patient education  
14. Ostomy care & management  
15. Heat lamp therapy  
16. Tube feedings – gravity or pump, continuous or bolus  
17. Small bore NG tubes  
18. J tube or PEG tube (pecutaneous gastrostomy)

### Common Medical Diagnoses

1. Alcohol withdrawal  
2. Altered mental or neurologic status  
3. Appendicitis  
4. Arrhythmia’s  
5. Bowel Obstruction  
6. Inflammatory Bowel disease & complex colorectal disease patients  
7. Cancers – head & neck; oral; breast (post mastectomy for reconstructive surgery)  
8. Cholecystitis  
9. Enterocutaneous Fistulas (ECF’s)  
10. Hernia’s  
11. Revascularization procedures  
12. Skin grafts  
13. Wound infections/abscesses
| Common Surgical Procedures | **Oto:**  
Neck dissection  
Laryngectomy  
Tracheostomy  
Flexible bronchoscopy (@bedside)  
**Plastics:**  
Breast Reconstruction post mastectomy  
Appendage replant  
Panniculectomy  
Revascularization procedures using muscle flaps to cover decubitus ulcers or other wounds.  
**Non Trauma**  
Ileostomy  
Total Colectomy or Total Proctocolectomy  
Splenectomy  
**Oral-Maxillofacial**  
Maxillomandibular Fixation  
Resection of tumors of the jaw  
Trachesotomy | **Common Unit Practices**  
OTO and Oral Maxillofacial preop patient education programs  
Bedside report / nursing shift-to-shift handoffs  
Visual Hospital project pilot unit – eliminating barriers to discharge | **Common Precautions and Safety Measures**  
Fall  
Isolation  
Suicide  
Aspiration  
Restraint  
Patient Attendant supervision  
Pressure ulcer prevention |