



MEDICAL SERVICES FOR YOUNG ADULTS

IMPORTANT UPDATE REGARDING EXTENDED UPPER AGE LIMIT OF PEDIATRIC CARE

Effective September 1, 2017, individuals requiring medical care prior to their 21st birthday will be cared for by pediatric specialists associated with C.S. Mott Children's Hospital.

Young adulthood is an important time to reinforce the importance of preventative care and ensure seamless transition of care. Extending access to pediatric providers for young adults allows us to ensure continuity of care and provide optimal support for patients during this important transition into adulthood.

The new guideline applies to both inpatient and outpatient care, including emergency services, and is consistent with American Academy of Pediatrics recommendations and best practice policies at many major academic medical centers.

In particular, the following updated patterns of care may affect young adult patients:

- New patients referred to any Michigan Medicine clinic prior to their 21st birthday will be assisted in connecting with the appropriate pediatric clinic to schedule an appointment.
- Patients under the age of 21 requiring emergency care should utilize Children's Emergency Services at C.S. Mott Children's Hospital. Patients under the age of 21 who present to University Hospital for emergency care will be triaged and, as appropriate, transferred to Children's Emergency Services at Mott Children's Hospital for evaluation.
- Patients under age 21 who require admission and are cared for by pediatric providers will be admitted to C. S. Mott Children's Hospital.

Exceptions to the pediatric age limit extension include:

- Patients under age 21 who are already under the care of Michigan Medicine adult specialist clinics will **not** need to transition outpatient care to a pediatric specialist and should continue to use Adult Emergency Services. Should a patient under the age of 21 need to be admitted to the hospital, he or she will be admitted to University Hospital.
- Psychiatric care is unaffected by the pediatric care age limit extension. Both pediatric and adult emergency psychiatric services are co-located at Michigan Medicine psychiatric emergency services. In accordance with Michigan law, patients age 18 and over requiring psychiatric hospitalization will be admitted to the adult psychiatric unit in University Hospital.
- Level I and Level II trauma patients ages 18+ will continue to be triaged to University Hospital emergency services, consistent with American College of Surgeons trauma center guidelines.

U-M providers will work collaboratively across pediatric and adult services to transition patient care seamlessly as patients approach their 21st birthday.

Patients & Families

For more information, assistance choosing a pediatric provider or to schedule an appointment, call 877-475-MOTT (877-475-6688) or visit www.mottchildren.org.

Clinicians & Referrers

To refer a patient or discuss questions or concerns related to medical services for young adults, contact M-LINE at 800-962-3555.