2013 MedSport
Sports Medicine Update

Friday, May 17, 2013 (Morning)
7:30 am Registration
8:00 am Welcome and Introduction
   Edward Wojtys, MD
   Julie Aghabian, MS, ATC
8:05 am Keys to Understanding Shoulder Instability
   James Carpenter, MD
8:25 am Rehabilitation Indications for MDI
   Mike Maciejewski, MA, AT, ATC
8:45 am FAI and Labral Injury
   Asheesh Bedi, MD
9:05 am Assessment and Treatment of Muscle Imbalances to Treat FAI
   Corey Snyder, DPT, OCS, MTC, CSCS
9:25 am Question/Answer
9:40 am Break
10:00 am Concussion Injuries
   Andrea Almeida, MD
10:20 am ACL Injury Mechanisms
   Edward Wojtys, MD
10:40 am Getting Back in the Game After ACL Reconstruction
   Daryl Montie, DPT, CSCS, MA
11:00 am Patellofemoral Rehabilitation
   Vahan Aghabian, MA, AT, ATC
11:40 am Question/Answer
12:00 pm Lunch (on own)

Friday, May 17, 2013 (Afternoon)
1:00 pm Hockey Injuries
   Laurie Donaldson, MD
1:20 pm Rehabilitation of Ice Hockey Injuries
   Kendra Huiskens, DPT, SCS, STC, CSCS
1:40 pm Running Injuries
   Jeffrey Housner, MD
2:00 pm Rehabilitation of Running Injuries
   Jill Stockford, PT
2:20 pm Question/Answer
2:30 pm Break
2:45 am Rehabilitation of the Performance Arts Athlete
   Kristen Schuyten, DPT, MS, CSCS
3:05 pm Current Concepts in Rotator Cuff Surgery
   Bruce Miller, MD
3:25 pm Current Concepts in Rehabilitation After Rotator Cuff Repair
   Jen DeMink, DPT, OCS
3:40 pm Question/Answer
4:00 pm Closing Remarks
   Val Macpherson, MHS, PT

Registration

Name: _______________________________
PT   ATC   PTA   _____

Address: _______________________________

City: _______________________________
State: __ Zip: ______________

Email: _______________________________

Phone: (____) ______________

Check (payable to: UMHS) □
Visa □ MC □

Card#: _______________________________
Exp. Date: _______________________________

Signature: X

Please fax or mail registration to:
Cindy Newcom
24 Frank Lloyd Wright Drive
P.O. Box 391
Ann Arbor, MI 48106-0391
Phone/Fax: (734) 930-7417/7416

UMHS MedSport retains the right to cancel the course at any time. UMHS MedSport is not responsible for expenses incurred in case of cancellation. Requests for refunds must be made in writing, 15 days prior to course date. Requests made less than 15 days prior to the course date are subject to $50 charge.
The MedSport Update will familiarize the participant with current clinical guidelines for the treatment of several pathologies of the shoulder, hip and knee. Areas of focus will be multidirectional instability of the shoulder, Femoral Acetabular Impingement (FAI) of the hip, and Anterior Cruciate Ligament (ACL) injury and patella femoral problems at the knee. Hockey and running injuries will receive special attention. The MedSport approach combines clinical evaluation of these pathologies, with current surgical and rehabilitation options for treatment. The Update is appropriately designed for musculoskeletal clinicians including Physical Therapists, Physical Therapy Assistants, Athletic Trainers, Nurse Practitioners, Physicians, and Physician Assistants.

Conference rate for accommodations at Kensington Court can be found at the following link: https://booking.ihotelier.com/istay/istay.jsp?hoteld ID=4505&groupid=1008112

MedSport Sports Medicine Program includes Orthopaedic Sports Medicine, Physical Therapy, Athletic Training Services and the Athletic Performance Center. This program provides services to area athletes at all levels; Olympic, professional, elite, collegiate, high school and recreational.

Our mission is to provide complete sports medicine services for orthopaedic related injuries and conditions. In addition, we will promote research and educational opportunities in sports medicine for our staff and students.