Heart Catheterization

INFORMATION GUIDE

Including
- Angiogram
- Angiography
- Angioplasty

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center, room 2101 in the Cardiovascular Center. Visit our website at www.umcvc.org/mwrc

Books, Brochures, Fact Sheets
- American Heart Association.
  - Your Cardiac Catheterization: Our Guide to Understanding an Important Diagnostic Procedure
  - Coronary Angioplasty and Stenting
- Society of Interventional Radiology
  - Angiography
  - Angioplasty

Audiovisual Resources
- Coronary Angiography and Possible Angioplasty - an Interactive tutorial
  http://www.medlineplus.gov/
  → Click on "Videos & Tutorials"
  → Click on "Surgery Videos"
  → Select video titles under the "Angioplasty" heading
- University of Michigan. Your Cardiac Catheterization at the University of Michigan
  http://www.uofmhealth.org/media/21276
  This video shows what to expect when you come to the University of Michigan for a Cardiac Catheterization.
Web Resources
The National Heart, Lung, and Blood Institute (NHLBI) – Sections on Angioplasty, Cardiac Catheterization and Coronary Angiography. 
→ Under “Health Topics” select “See all Health Topics”
→ Click on “C”
→ Select “Cardiac Catheterization” and “Coronary Angiography”
Easy-to-read overviews that cover what happens before, during and after the procedures.

→ Click on “Patients and Families” square
→ On the left-hand side, click on “Vascular Conditions, Tests, and Treatments”
→ Click on “Angiogram” under “Tests” and “Angioplasty Stenting” under “Treatments”
The Society for Vascular Surgery provides overviews of the procedures as well as information about related conditions and tests.

University of Michigan Resources
• The Cardiovascular Disease Prevention & Rehabilitation program at Domino’s Farms offers a number of relevant program and services including:
  • Cardiac Rehabilitation Program
  • Exercise Consultations
  • Nutrition Services
  • Stress Management Services
• **Tobacco Consultation Service**  
Group and individual quit-smoking programs.  
For more information access: [http://hr.umich.edu/mhealthy/programs/tobacco/](http://hr.umich.edu/mhealthy/programs/tobacco/) or call (734) 998-6222 or email quitsmoking@med.umich.edu

• University of Michigan. **Your Cardiac Catheterization at the University of Michigan.**  
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**Patient Support Organization**  
• **American Heart Association**  
[http://www.heart.org/](http://www.heart.org/)  
1-800-242-8721

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This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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