

Welcome to the MI-AORTA Program

The University of Michigan's MI-AORTA team welcomes you to Michigan Medicine!

Thank you for choosing us to be part of your care team. Our program focuses on the care and treatment of people with aortic disease and watches those with genetic conditions that put them at higher risk for aortic disease. Our program is multidisciplinary, which means that healthcare experts from different areas - each with experience treating different parts of aortic disease - work together to care for you. Our team includes:

- Heart doctors (cardiologists)
- Heart surgeons
- Vascular surgeons
- Vascular medicine doctors
- Advanced practice providers (including nurse practitioners and physician assistants)
- Radiologists
- Genetic specialists

Meet Allison DiBrano, NP

We would like to introduce you to Allison DiBrano, nurse practitioner (NP) in our MI-AORTA program. She is the first point of contact for patients. The MI-AORTA clinic allows Allison to see you within 1 week of receiving a referral from your primary care provider. After meeting with you, Allison plans appointments with our specialty providers based on your specific needs. This means you will get quicker access to a provider and a plan of care designed for you.

What should I expect at my first visit?

Your first visit will be a video visit with your healthcare provider. You will be able to talk with your provider through your smartphone, tablet, or computer from home. This visit will last about 60 minutes (1 hour), so make sure you are in a comfortable spot with your camera on. Prepare for your video visit like you would for an in-person clinic visit. A typical visit includes:

- **Talking about your health history:** Your provider will ask you questions about your medical history, current medications you are taking, and your social history (your work, living arrangements, smoking and drinking habits, etc.).
- **Reviewing your test results,** including CT scans, MRIs, echocardiograms, ultrasounds, and lab work
- **Creating an personalized treatment plan:** Your provider will create a treatment plan for your needs, including:
 - Starting medication (if needed)
 - Ordering necessary labs and testing
 - Placing referrals for ongoing follow-up with specialists, such as cardiologists, cardiac surgeons, or vascular surgeons
- **Reviewing patient education:** Your provider will give you information to help you better understand your condition. This includes information specific to your condition, how to best manage your symptoms, and our contact information if you have any further questions.
- **Scheduling a follow-up visit or testing:** After your video visit, your provider will schedule you for any required follow-up appointments and testing.

If you have completed testing related to your condition, we will work with you to get these results before your appointment. However, your appointment will

not be delayed if we cannot get the results in time. Please let your scheduler know if you had testing at a clinic or hospital outside Michigan Medicine.



To learn more about video visits, please scan the QR code or visit:
med.umich.edu/1libr/AmbulatoryCare/VideoVisitBasics.pdf

Where can I find more information about aortic disease?

For sources of information and support, we strongly recommend:

- The Marfan Foundation: marfan.org
- The John Ritter Foundation: JohnRitterFoundation.org

What is the contact information for the MI-AORTA program?

Reason for contact:	Contact information:
General information and questions	Phone: (734) 232-1472 E-mail: MI-AORTA-Info@med.umich.edu MI-AORTA website: sites.google.com/umich.edu/mi-aorta/home
Routine care and questions	Frankel Cardiovascular Call Center Phone: (888) 287-1082, option 2 Hours: Monday-Friday from 8:00 AM – 5:00 PM
Appointment scheduling or rescheduling	Frankel Cardiovascular Call Center Phone: (888) 287-1082, option 1 Hours: Monday-Friday from 8:00 AM – 5:00 PM
Faxing test results or medical records from another clinic to MI-AORTA	Send fax to: (734) 647-4285

	Send the fax with the label “ATTN: medical records/test results to MI-AORTA”
Emergency situation	911

We look forward to partnering with you and your loved ones to help you manage your aortic disease and support your overall health.

Sincerely,

The MI-AORTA program team

Disclaimer: This document contains information and/or instructional materials developed by University of Michigan (U-M) Health for the typical patient with your condition. It may include links to online content that was not created by U-M Health and for which U-M Health does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition, or your treatment plan.

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Frankel Cardiovascular Center
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