

Gilenya Education for First Dose Observation Visit

What should I expect for my Gilenya first dose observation day in clinic?

- Your heart rate may drop today during observation. This is a normal response after the first dose. This could result in dizziness or weakness. The medical assistant staff and registered nurses are nearby if needed to assist you.
- Stay well hydrated, preferably with water, during this 6-hour observation period and make sure to bring healthy snacks or meals to your appointment.
- You can leave the exam room but you must be back hourly for vital signs.
- After 6 hours of vital sign monitoring, a repeat EKG (an electrocardiogram, which shows electrical activity of the heart) will be checked and you will be discharged.

After your first dose of Gilenya any of these will require a repeat FDO in clinic:

1. If you miss a dose within the first 2 weeks of treatment:
 2. If you miss more than 7 doses during week 3 and 4
 3. If there is a lapse in treatment of over 30 days
- Call the clinic if your PCP prescribes any new medications so that we may check to see if they contribute to Q-T interval prolongation which can slow the heart rate.
 - Schedule a repeat Eye Exam within 3-4 months

When should I call for help?

If you have any negative side effects such as headache, dizziness or weakness call:

- During business hours, Monday-Friday 8am-5pm, call the patient care line (810) 263-4000.
- After business hours and on weekends call the on-call neurology team (734) 936-6267.

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