

Discharge Instructions for Minor Procedures

What can I expect after my minor procedure?

- You may have some discomfort after the local anesthetic (the numbing medication) wears off. You should not have severe pain. If you experience unexpected pain, contact us or go to the nearest emergency room (see below for more details and contact information).
- The medications we gave you should not cause you to have nausea or vomiting. If you experience nausea or vomiting, please contact us. You can go back to eating and drinking normally after your procedure.
- You have not received any medication that would cause you to be sleepy or have trouble urinating (peeing).
- Depending on what procedure you had, you may have a small amount of bleeding around the procedure site (the area on your body where you had your procedure). You may see less than a teaspoon of bleeding on the dressing, which is normal. If you have more than a teaspoon of bleeding, contact us.
- Contact us if you experience any possible signs or symptoms of an infection from your procedure site. These could be:
 - Fever (temperature greater than 100.6 °F)
 - Redness or red streaking around your procedure site
 - Swelling
 - Drainage (leaking fluid)
 - Pain

What are signs of an emergency?

If you have any of these symptoms after your procedure, please contact us through one of the numbers below or go to the closest emergency room (ER).

- Chest pain

- Any trouble with breathing (or for pulmonary patients, any increase in difficulty breathing)
- A general feeling of weakness
- Dizziness or lightheadedness

What is the contact information?

For patients who had gastrointestinal (digestion, stomach, and bowel-related) procedures:

- On weekdays from 8:00 AM - 5:00 PM, call (734) 936-9250.
- After hours, on weekends, and on holidays, call (734) 936-6267 and ask to talk with the gastroenterology (GI) fellow on call.
 - The operator will page the fellow on call. You should expect a call back within the next 30 minutes. If you don't get a call back in 30 minutes, call and ask to have the fellow paged again.

For patients who had pulmonary (lung-related) procedures:

- If you have questions or concerns about your minor procedure, call (734) 936-6267 and ask for the pulmonary fellow on call. The operator will page the fellow, and you should receive a call back within 30 minutes.
- If you cannot reach a doctor and your symptoms continue, go to the nearest ER and bring all of your discharge instructions with you.

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