

Esophageal Manometry: After Your Test

What is an esophageal manometry test?

This test looks at the movement and pressures (or **motility**) within your esophagus. The **esophagus** is the muscular tube that passes food from your mouth to your stomach. During the test, we place a tube through your nasal passage (or nostril) which you'll swallow into your esophagus with drinks of water.

What side effects should I expect after the test?

You may have a sore throat, which usually gets better within a few hours. Over-the-counter throat lozenges may help (you can buy these from a store or pharmacy). You may also have temporary nasal congestion (a stuffy nose) or a light nosebleed after the test.

What can I eat after the test?

You may go back to eating your normal diet after the test.

When should I call the doctor?

Please call us if you develop any of these symptoms:

- Chest pain or shortness of breath
- Fever (a temperature higher than 100.6° F)
- Nausea or vomiting
- Bleeding more than a few tablespoons of blood from your nose, or bleeding that won't stop

What is the contact information?

- On Monday through Friday between 8:00 AM - 5:00 PM, please call our clinic at (734) 936-9250.

- During non-business hours (evenings, weekends, and holidays), please call (734) 936-6267 and ask to have the on-call gastroenterology (GI) fellow paged.

If you are unable to reach a doctor and your symptoms are not going away, go to the nearest emergency room (ER) and bring this document with you.

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