

# Pre-Operative Instructions

## Cutaneous Surgery and Oncology

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### What are my instructions for before surgery?

- Please contact our office if there are any changes in your medications or health status.
- Unless we specifically instruct you otherwise, please take all your prescription medications as you normally do on the day of surgery.

### How should I prepare on the day of surgery?

- Wear comfortable clothing that will allow us to easily reach your surgical site.
- Eat normally on the day of surgery unless specifically instructed otherwise.
- Someone should drive you home after surgery.

### What are my instructions for after surgery?

- Please do not plan any major events or travel for 1-2 weeks after surgery.
- Exercise, physical activity, and recreational sports should be restricted for 1-2 weeks after surgery.
- Time off work may be required.

If you have any questions, please contact us at (734) 936-4068 or ask on the day of surgery. If you have any **non-urgent questions**, the easiest and quickest way to contact us any time is through the patient portal at [MyUofMHealth.org](http://MyUofMHealth.org). To activate your account, please visit [www.MyUofMHealth.org](http://www.MyUofMHealth.org), go to “New User?” and click on “Sign Up Now”.

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