

How to Use Your Advair® (fluticasone/salmeterol) Diskus Inhaler

100 mcg/50mcg, 250mcg/50mcg, 500mcg/50mcg



What is my prescription?	Special Instructions
	<p>Take every day to control your symptoms.</p> <p>Rinse mouth thoroughly with water and spit after each use.</p>

What can I expect while I take this medication?

Advair® Diskus is an inhaled corticosteroid and long-acting beta-2 agonist. It decreases airway swelling and opens small airways. **Advair® Diskus** will not provide immediate relief, but you can expect fewer episodes of coughing and wheezing.

How do I use my Advair® Diskus inhaler?

1. Hold the diskus in one hand & put the thumb of your other hand on the notch & push towards the back until it snaps & the mouthpiece and lever are revealed.
2. Slide the lever away from you until it clicks. This loads the medication.
3. Turn your head away from the diskus and breathe out as much air as you comfortably can.
4. Put the mouthpiece in your mouth. Make sure your teeth and tongue do

not block the mouthpiece.

5. Breathe in as steadily and deeply as you can. Remove the diskus from your mouth while holding your breath for 5-10 seconds. Breathe out.
6. Close the diskus by sliding the thumb grip towards you.
7. Rinse mouth thoroughly with water after taking medication to decrease the risk of a mouth infection. Spit out the water. **Do not swallow it.**

You may not taste, feel or smell the dry powder when you are using your diskus. As long as you are following the directions, you will get your full dose of medication.

Do not use Advair® Diskus to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.

To learn more about your health condition visit:

<http://www.med.umich.edu/careguides>

To learn more about the Advair® Diskus inhaler visit:

<http://www.advair.com/>

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