

Nodular Cornea Degeneration

This material will help you understand nodular cornea degeneration, also called **Salzmann's nodular degeneration**, its causes and how it may be treated.

What is nodular cornea degeneration?

The cornea is the clear window in the front of the eye (see picture on the right). Its dome shape helps to focus light into our eye.

Nodular cornea degeneration occurs when small creamy white bumps appear on the surface of the cornea. In mild cases, these bumps are small and do not usually cause any symptoms. If the bumps become

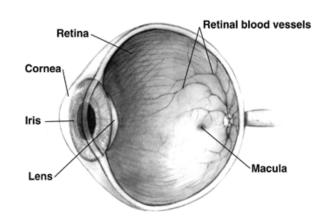


Image used with permission. Copyright © VHI 1-800-356-0709

larger or are closer to the center of the cornea, you may have some discomfort and/or decreased vision.

What causes nodular cornea degeneration?

The cause of these bumps on the cornea is unknown. Patients who have had eye trauma have a higher chance of developing nodular cornea degeneration. Conditions that cause eye inflammation such as keratitis (inflammation of the cornea) may also increase the chances of having this condition. Chronic inflammatory diseases, such as Crohn's disease, are also thought to be related. This disease seen more commonly in middle aged women.

How is nodular cornea degeneration treated?

Treatment for nodular cornea degeneration will depend on the nature of your case. If your case is mild, no treatment other than regular monitoring by your eye doctor may be needed. Ointments or topical steroid medications are sometimes used to ease discomfort. If you experience decreased vision, your doctor may recommend surgery to scrape the bumps off the surface of the cornea.

You and your doctor will discuss the treatment option that is best for you.

For more information, scan this code with your smartphone or visit the website listed.



http://www.images.missionforvisionusa.org/anatomy/2007/02/salzmanns-nodular-degeneration-of.html

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Author: Kathleen Koviak, MPH Candidate Reviewers: Christopher Hood, MD and Gale Oren, MILS

Unless otherwise noted, Patient Education by <u>University of Michigan Health System</u> is licensed under a <u>Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License.</u>

Last Revised 03/2015