

Eye Dilation Appointment Information

What can I expect during my eye dilation appointment?

During your eye dilation appointment, you will start with a routine eye exam. After that, we will give you eye drops to **dilate** (widen) your pupils, which helps us look at the back of your eye. You may have some slight discomfort or a burning sensation when we put in the drops. This is normal.

How long is an eye dilation appointment?

- **The full appointment will take about 2-3 hours.** If you don't have that much time in your schedule on your appointment day, please talk to the front desk for rescheduling options.
- Once we complete your regular eye exam and give you the drops, it normally takes 30 minutes or longer for your eyes to dilate. During this time, we'll take you to the Ophthalmology waiting area.
- Patient wait times vary, as you may need more testing or treatment after the eye exam. If you need more testing, it may take time for your doctor to order or perform these tests. We appreciate your patience.

What can I expect after my eye dilation appointment?

- Typically, your vision will be blurry up close for several hours. If you feel uncomfortable driving, we recommend you have a driver.
- Your eyes will be sensitive. Please bring sunglasses to protect them from the sun.

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